

TIMES JOURNAL

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Susan McArdle gets some tips from coach Joan Moore.

Girl's softball warms up in E.C.

By ROBERTA ALEXANDER

EL CERRITO — Local girls who are tired of watching their brothers play ball can get out on the diamond themselves, thanks to the Pepper-mint Patty Softball League, the latest project of the El Cerrito Parks and Recreation Department.

A softball clinic for fifth and sixth grade girls will be held Saturday, Feb. 21, from 9 a.m. to noon at Canyon Trail Park clubhouse and field. Following the clinic, interested girls may sign up for league teams.

The meeting will be held rain or shine and girls are asked to bring a signed permission slip from their parents and a baseball mitt.

The driving force behind the new league is a high-energy former preschool teacher who has watched her son play for years.

"I'm the instigator," Joan Moore admitted with a laugh. "Every week I went to watch my 12-year-old son play football, and there were all these girls who would watch, too."

Moore is not exactly your typical football mother.

"I don't believe in football, it's way too violent, but I try to support my son's choices," she said.

She recognized a few of the girls from her teaching days, and she started playing catch with them on

the sidelines of the football field.

"Those girls were good. Some of them were terrific," Moore said. "I asked them to come tomorrow, and to tell their friends to come, too."

The next day 14 girls presented themselves at the park.

"I decided there was something afoot," Moore recalled.

After a couple of weeks of impromptu games, the girls asked Moore for uniforms, and through one of the girls' aunts, they ordered shirts and hats.

"They named themselves the Panthers, and by Christmas, when they got the uniforms, they wanted to know who they could play against," she said.

Moore went to the parks and recreation department for assistance and was told she needed to determine what kind of community interest there was in a league. Moore, not one to do things by half measures, promptly visited all the elementary schools and got a preliminary head count of 90 girls who told their principals they'd be interested in girls' softball.

Enter Barbara Schultz, playground supervisor for the parks and recreation department.

"Barbara organized the clinic

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Coach Moore tells them how it's done

Times Journal photo by Michael Russell



Who takes care of sick children?

By ROBERTA ALEXANDER

ALBANY — "Mommy, I don't feel well. I don't think I can go to school today."

Those are words to strike fear and anguish into the heart of any working student parent. It means time to work, worry about the employer's reaction, exams missed.

For most parents there are few options, since most day-care centers, schools and babysitters are not equipped to deal with sick children.

One of the few bright spots is Albany Wheezles and Sneezees, probably the only group sick-child care program in the country.

Housed in an apartment in University Village, the program serves up to six ailing children a day.

"We can't take anyone who's contagious," according to director Rosemary Kohl.

Kohl said the program accepts two-parent children between 2 and 4, and that workers will give medication as needed (not true in most child-care settings).

The two-bedroom apartment is decorated for the comfort of its small patients. One room is set aside for resting and naps, another for quiet play and story time.

The table in the kitchen is child-sized, and throughout the apartment there are books and puzzles and crayons, as well as a television and a phonograph.

The name Wheezles and Sneezees comes from the "Winnie-the-Pooh" sequel, "Now We Are Six," by A.A. Milne.

Christopher Robin/Had wheezles and sneezes/They bundled him into his bed.

"They gave him what goes/With a cold in the nose/And some more for cold/In the head."

The program has a parent phone — 529-2014 — and parents are urged to call the day or evening before. The call is returned that evening, advising parents if there is room in the center.

Parents then talk to the nurse at the center the next morning between 8 and 10 a.m. and the nurse will screen out those children who are too ill for group care.

Most of the program's funding comes from the California Department of Education, and so the program is open to anyone.

"In practice, most of our families are from Albany, because of our location," Kohl said. "We got this place through students in the village."

Fees are on a sliding scale, based on income and family size. The program uses Title 20 federal eligibility guidelines, which Kohl called "generous."

"If both parents work, they usually fall off the scale and pay \$3 an hour," she said.

Group care is, of course, cheaper than home care because the child-to-worker ratio can be three-or-four-to-one instead of one-to-one. Kohl is pleased that the center's workers are paid on monthly salary instead of an hourly rate.

"Seven hundred a month isn't fantastic, but it could be worse," she said.

By contrast, she said that a sick child-care service in Minneapolis, which sends workers to the home, charges parents a flat \$4 an hour and pays the worker \$3.50 an hour.

"It's a catch-22 situation for parents," Kohl acknowledged, "because the child cannot be too sick."

What's needed is some home care service as well, and that may begin, temporarily at least, later this month. Albany has received funds for three CETA workers who will do home care of sick children.

Kohl is now interviewing candidates for these positions. They must be Albany residents and certified by

(Continued on Page 4)



Nethal Munin has her temperature taken at Wheezles & Sneezees

Albany postpones sewer fee

By ANDREW ROSS

ALBANY — The city council has postponed action on a new sewage service fee to help maintain Albany's decaying sewer system.

Two months ago, the council agreed to levy a \$1 monthly charge on residents, and a \$25 maximum fee on businesses to make up for sewer maintenance funds lost as a result of Prop. 13.

But lingering questions over the wording of the business portion of the fee prompted the council to vote 4-1 Monday night to halt the first reading of the new measure, and call for another public hearing March 2. Mayor Bill Lewis cast the lone dissenting vote, noting that the council already has held two public hearings on the issue.

"We need to clarify how the fee will be assessed for certain businesses," said Councilwoman Anne Rotramel, explaining that some businesses could be unfairly charged for water that doesn't enter the sewers such as that used in cooling towers.

City Administrator William Haden said most businesses will be charged \$1 or \$2 under the new proposal, but those using particularly large or small quantities of water will be included in an "exceptional" category with fees charged accordingly.

Ms. Rotramel initially opposed the new sewage fee, calling it "regressive taxation" since it would fall disproportionately on certain users.

But Ms. Rotramel said the council is resigned to introducing the new fees, expected to generate less than \$30,000 annually in revenues.

Some area residents and businesses have complained about the hardship imposed upon them as a result of the new fee.

Public facilities such as the Albany schools would not be charged. Also unaffected would be the University Village and Golden Gate Fields, which do not use Albany's system.

In other action Monday, the council approved a resolution of intention to begin negotiating with the

(Turn to Page 4, Col. 6)

Happy 4679 . . . Year of the Rooster

(While there are large Chinese communities in the East Bay, Times Journal writer Olga Bier recently visited America's best-known Chinese neighborhood, Chinatown in San Francisco.)

By OLGA BIER

San Francisco's Chinatown during the celebration days of the new

Year of the Rooster is a crowded, happy, noisy, busy, and exciting place.

There seem to be two kinds of people moving about. There are those apparently of singular purpose — weaving in and out of crowds, scurrying to an appointed destiny on an errand of the most urgent kind. And then there are the

application and voted to accept the grant package.

Representatives of the City of El Cerrito, which has been coordinating the grant program, were delayed in turning in the \$300,000 request on Jan. 9, the deadline day, because of problems with the printer responsible for preparing copies of the application.

County supervisors, state legislators and other political figures immediately protested the state's decision.

Joel Withersell, who is in charge of the E.C.ology center in El Cerrito, with the help of Contra Costa Supervisor Tom Powers, drummed up support among state legislators who leaned on the state board to reconsider its policy.

Assemblyman Robert Campbell told the board that all the late applications should be accepted in the interest of the state's crucial recycling efforts. Backing him in the request, he said, were Sen. Nicholas Petris and Assemblymen Dan Boatwright, Tom Bates and Bob Baker.

At stake locally is a plan by five west county cities plus the surrounding unincorporated areas to establish what would be one of the state's most comprehensive recycling programs.

Although the recycling center would serve the cities of Richmond, San Pablo, El Cerrito, Pinole and Hercules, the grant is of special interest to El Cerrito where the E.C.ology center operates. The center has drawn neighborhood complaints over noise, litter and traffic problems.

The new regional center, with Richmond as its probable location, would be able to recycle 3,000 tons of paper, metal and glass every

(Turn to Page 4, Col. 1)

strollers, absorbing the sight and sounds and smells of San Francisco's historical slice of China.

These strollers amble slowly looking everywhere, mesmerized.

At this time of year, in addition to

the crates of unfamiliar vegetables

which buttress the walls of each grocery store, reaching into the already too-crowded sidewalk, there are rows and stacks of potted plants and clusters of angular brown cher-

ry tree branches with rose-colored

(Continued on Page 4)



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Early deadline

Because of the three-day Washington's Birthday holiday, the Times Journal has changed its classified ad deadline to Friday, Feb. 13, at 5 p.m. for the Feb. 18 edition.

The display advertising and news deadlines remain the same: display ads, Friday at 5 p.m., news at

Thursday, 5 p.m.

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Cleaning up your act for a job interview.....Page 13

Writer's corner

Tribal rituals

By PATRICK KEEFFE

This is a Valentine's Day present for Kathleen and Michael, who were married recently.

The lights in the Victorian mansion glowed warmly in the San Francisco dusk. Upstairs, the bride was being dressed. Downstairs, the bridegroom welcomed guests, while his mother, anxious, talked with some children. The early guests, who awaited the beginning of the ceremony, introduced themselves or greeted old friends as ancestors of the original owners stared down at them from oil paintings high on the wooden walls.

The caterers scurried around in the dining room and kitchen. The multi-tiered cake waited on the massive mirrored sideboard. A small mountain of presents grew higher in the parlor.

The Irish Jesuit priest was on time, but the cantor was late.

Soon the Haas-Lilenthal House, rented for the occasion, was filled with more than 100 guests. The cantor was standing in front of the fireplace, where the original owners had been married, waiting with the attendants who held the flower-decked canopy aloft for the couple, Kathleen and Michael.

Velvet chairs were placed nearby for the mothers of the couple. The children fidgeted in their finery. The harpist played as the bride walked slowly down the staircase and into the living room.

The cantor, who conducted the English and Hebrew ceremony, stopped halfway through it and talked to the assembled guests and families. Michael had arranged earlier for the cantor, with his rich, bar-mitzvah-honed voice, to sing a song to his bride:

"I'll take you home again, Kathleen-e-en."

The couple pledged their vows, exchanged rings



—Copyright 1975 by Bruce Judd

The Haas-Lilenthal House

after the best man finally found his, and drank from the ceremonial silver cup. Then, in another ritual, the bridegroom stomped on a wine glass.

The champagne flowed and the guests mingled as the couple's jazz musician friends, including Michael's aunt, a professional singer, played and sang.

Michael, the Jewish half of the couple, talked with friends while waiting for the dinner to be served.

When someone said everyone was having such a great time, Michael just shrugged and smiled:

"But our two tribes always have a good time together. There's a mystical attraction between the Irish and the Jews."

Around city hall

Albany's garbage

By RUTH GANONG
City Council Member

ALBANY — Garbage and refuse have been a problem in Albany since the city's beginning.

It has been claimed that the city was founded when six irate housewives locked arms across San Pablo Avenue and refused to permit Berkeley garbage carts into our area. Whether this action was the compelling reason for the incorporation of our city is not really known. But it is interesting to note that the very first action of the newly-formed city council was to direct the city attorney to draw up a reasonable garbage contract.

In the 1980's we are still grappling with the problem and, obviously, we are not the only city with these concerns. The state has mandated that all counties make long-term plans for waste management. Alameda County has led the way in making plans to care for all solid waste through the year 2000. The plan is in three increments — short-term to be implemented between 1980-1985; medium-term to be in operation from 1985-1990; and long-term after 1990.

The eventual goal is to work out cost effective systems to make use of 92 percent of all refuse, if it is technically feasible. The plan involves the collection, sorting, reusing of discards when possible; turning what refuse we can into fuel; and finally disposing of the remaining 8 percent of waste in a huge facility at the Altamont dump near Livermore.

The plan has taken seven years to formulate, and has gone through an extensive series of public hearings in each city. A representative from each city serves on the Solid Waste Management Board and acts as a liaison to their respective cities. The plan is predicated on the theory that the people generating the refuse should pay for the construction and equipment necessary for the disposition of their waste. This is to be accomplished by a system of rates for garbage collection.

A built-in safety feature of the system is a committee consisting of the city managers who minutely examine, with the assistance of certified public accountants, the fee structure and expenses before making recommendations to their city councils. The idea is that the various municipalities will assist each other in the review of any proposed rate increases. The fees are finally approved by the individual jurisdictions.

Another safeguard of the Solid Waste Management Plan is that it provides for a review in 1983 to ensure that the plan is consistent with state policy and that the need for the plan still exists.

The long-term plan calls for a system of disposition of wastes in stages. The first stage would be a transfer station that would be a labor-intensive sorting of material. In 1983, the transfer station nearest to us would be in Berkeley. The next stage would be a centralized resource recovery station at Davis Street in San Leandro which would be more equipment-intensive. Refuse-derived fuel (RDF) would be retrieved, depending on the availability of the market for the product. Finally, the leftover refuse would go to Altamont dump. Sophisticated methods of building odor-free plants for both sorting and fuel recovery are being investigated for cost economy and environmental effects. I have seen sketches of a Contra Costa County plant that will look almost like a country club.

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Schools articles . . .

Editor:

Thank you for your reporting on the Albany Unified School District. Roberta Alexander's articles have been very well written and most informative.

One item you did not mention in your front-page article on Wednesday, Jan. 28, on the composition of Site Councils: Albany High School not only has three students who serve on the council, but also is one of two councils in the State of California that has a student as chairperson of that council. Our chairperson is Paul Fisher, and he has been conducting council meetings at the high school since September 1980. His term will expire (as chair) in June 1981. He is to be commended on the fine job he is doing!

Thank you also for your articles on "Students of the Month." The student recognition component is again, part of our SIP (School Improvement Plan for 1980-81) — which was drafted and adopted last spring (and approved by AUSD School Board in May/June of 1980) — by parents, teachers, administrators and students who compose the AHS Council.

Parents, community members, and other interested people are always welcome at our meetings. The next regularly scheduled meeting of the AHS School Site Council will be Wednesday, Feb. 18, from 3:30 to 5 p.m. in the high school library.

(I hope the quality of student photos will be better in future issues — Students-of-the-Month section.)

Sylvia P. Scherzer
Site Council Secretary
Albany High School

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Editor:

I would like to take this opportunity to comment on the outstanding service

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The professor becomes a novelist (again)

By PATRICK KEEFE

KENSINGTON — David Littlejohn originally wanted to become an architect. But when he took English 1-A at Berkeley, Prof. Ben Lehman told him he was the best student writer he had seen in years.

Littlejohn began writing for publication while a graduate student at Harvard. Since then he has published eight books and hundreds of articles, essays and critical reviews. And Monday his second novel hit the bookstores.

Going to California is the story of a young couple, just married in Massachusetts, who spend their honeymoon driving cross-country to California to meet his parents. When they pick up a hitchhiker in the West, their week becomes a desert nightmare.

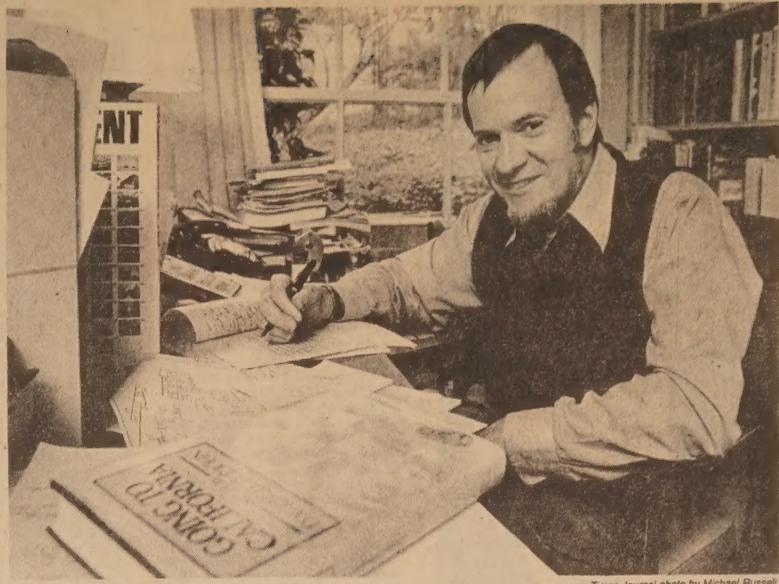
Littlejohn, 43, a Kensington resident for the past 14 years and now a professor of journalism at UC-Berkeley, has collected material for years for both of his novels before he actually began writing them. (His first novel, published in 1977, was the critically acclaimed *The Man Who Killed Mick Jagger*.)

"I gathered notes for both books, in some cases back many years. I've driven across the country many times and kept careful notes each time, thinking someday I might use them."

"Driving cross-country is an extraordinary mythical event. Nobody but Americans have a country big enough where you can drive through all that history and civilization."

The idea for the Mick Jagger book was born in November 1969 at a Rolling Stones concert in Oakland. He was covering it for the critic-at-large series he was doing for KQED.

"The show was overwhelming and I began to realize that some events are so complicated and heavily charged with emotion that they are impossible to communicate in



—Times Journal photo by Michael Russell

Kensington novelist David Littlejohn

non-fiction descriptive prose. Everyone in the audience, including me, was out of control; we were all transported. It was a phenomenal experience.

"Two nights later I wrote a semi-fictional version of the concert, describing it as it might seem to a person who had gone off his head. I later saw the piece as the possible center for a novel."

In *Going to California*, Littlejohn contrasts the story of Timmy and Audrey McCue's trip to the West Coast with passages from the journal kept by Timmy's great-grandmother on her trip by covered wagon from Vermont to California in 1849.

To guarantee the veracity of these parallel inter-

chapters, Littlejohn did painstaking research.

He learned that the Bancroft Library at UC-Berkeley had about 200 diaries written by the Forty-Niners who had traveled overland to California during the Gold Rush. He read them all and selected the 25 best.

"Later, when I was on sabbatical in England working on the book, I used some of my research budget to have the Bancroft photocopy the diaries and mail them to me," he said. "I read them, annotated them and began to construct my own 'diary.' There isn't a thought or an event in mine that didn't actually happen to a pioneer."

He said another California author, this one the winner of a Pulitzer Prize for literature, also included pas-

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sages from a pioneer diary in a book, but lifted them verbatim without citing the source and "got into no little trouble with critics and scholars."

"I wanted mine to be totally authentic, but I did it very carefully to avoid plagiarism."

Although Littlejohn started out to study architecture, he said that wasn't really his aim. As a boy growing up in San Francisco, he just wanted to be rich.

"The first millionaire I ever met, the father of a high school girlfriend, was an architect. So I thought if I became an architect I'd be rich. I didn't realize that there were a lot of starving architects."

He also realized that being an academic wouldn't make him rich, but he still enjoys "the things that make a good life." He and his wife Sheila, an Englishwoman, pursue active interests in art, food, the opera and symphony and theatre, and working, lecturing and living abroad with their two children.

"I've carved a career as a critic that allows me to get the 'good life' for next to nothing. Critics get into lots of things for free."

Besides his academic and fiction-writing careers, Littlejohn has been a critic since his graduate school days at Harvard. He traveled here and abroad as critic-at-large on a television show of that name produced in San Francisco by KQED and later aired nationally on the Public Broadcasting Service. He continues to review books and write about people and issues in the arts and architecture for *The New Republic*, *The Atlantic*, and *The New York Times*. He writes program essays for *San Francisco Opera* magazine and since 1975 has reviewed the fall season of the San Francisco Opera for *The Times* of London.

Whenever he can, Littlejohn works at home in the sunny living room-study of his Kensington home, where his desk is next to a window offering a view of the greenery and flowers in his backyard.

"I always write longhand on legal pads. Then I type that and edit it and write things in the margins. And when that gets so messy I can't read it, I retype that copy."

He is a demon for work. After teaching at UC, Littlejohn swims nearly every day at a campus pool, then writes late at night.

"Swimming is wonderfully relaxing. After I spend an hour at the pool, I feel as if I've slept for eight hours."

Then, after his family is asleep, he goes back to work during his ideal writing time, between 11 p.m. and 3 a.m.

"I can write anywhere, anytime of the day or night," he said. "I sometimes write a couple of pages of a novel waiting in the car to pick up one of my children."

GOING TO CALIFORNIA

A NOVEL BY
DAVID LITTLEJOHN

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—Courtesy of Emma Laugel of Albany

Valentines: the history of hearts

Ever wonder when and why the tradition of giving valentines started?

Historical information is sketchy, but the valentine, which dates back to the pre-Christian Roman Empire, is actually the forerunner of the modern greeting card.

Roman boys drew the names of girls from a love urn on Feb. 15, the festival of Lupercalia, a fertility rite in honor of Lupercus, a Roman pastoral god.

The Romans introduced the custom to England and it continued into the Christian era, when the church adapted the custom by transferring it to the day honoring St. Valentine.

Paper valentines with sentiments imprinted on them date from the 16th century, when the first printed valentine may have been used in a book of verses called *The Valentine Writer*. The book, designed to aid the inarticulate in romance, was published in 1669.

In the 1800s, valentines got fancier and were printed from copper plate engravings, woodcuts and lithographs, some with embossed edges and designs.

When the British introduced stamps and envelopes for the mail in 1840, the exchange of valentines became widespread, and the English became noted for their lacy paper creations with intricate ornamentation.

Shortly afterwards, valentines were introduced to America, where two New Yorkers began producing crude woodcut varieties.



—Courtesy of Aylene Hornett of Albany

Calendar

ALBANY
Human Advisory Committee — Thursday, Feb. 12, 7:30 p.m. in the City Hall Conference Room.

City Council — Monday, Feb. 16, 8 p.m. in the council chambers.

Committee on Aging — Tuesday, Feb. 17, 7 p.m. at the senior center, 846 Masonic Ave.

EL CERRITO
Public Safety Commission — Wednesday, Feb. 11, 8 p.m. in the council chambers.

City Council — Monday, Feb. 16, 8 p.m. in the council chambers.

RUSD

Richmond Unified School District board meeting — Wednesday, Feb. 11, 7:30 p.m. at Helms Junior High, 2500 Road 20, San Pablo.

SEWER

(Continued from Page 1)
state for a new contract under the Public Employees Retirement System.

Haden told the council that the city had miscalculated the cost of the program for the Albany Firefighter's Union, which took a 2.5 percent pay cut two years ago to join the retirement program. The actual cost of the program totalled 3 percent of their annual salaries, Haden said, but he added that the city was able to cover those costs.

CHINATOWN

(Continued from Page 1)
buds swelling at intervals along the thin stems. Flowers are especially significant these days and must be ready to bloom, profusely if possible, for that fortells a prosperous new year.

Azaelas with their dark green leaves are ready to unfold flowers with curly white petals. Bouquets of blossoming tree stems are transported high above their heads by all ages of Chinese women in padded jackets or heavy hand-knit cardigans.

And above the shops whose windows are lined with sticky brown chickens hanging from their barbecue feet, there are neon signs identifying the family companies. Here, members of the same villages and bearing the same names gather for news and companionship. Here they create a home away from their homeland and reaffirm the identity that seems so easily lost in the moving masses below in the streets.

Chinatown, San Francisco, California, U.S.A. What a great place to be as the Year of the Monkey winds down and the great golden dragon prepares its street dance of celebration to usher in the Year of the Rooster.

The steady percussion of disco music from a television crew filming on the street floats in and around the sharp wailing of a Chinese vocal piped outside a gift shop.

The gift shops are slices cut from one large sandwich. Each has similar ingredients, featuring perhaps a bit more jade in this one, linens in that one, plastic trinkets in the other. Wise shoppers never buy

*Drop us
a line . . .*

There's a way to tell 23,000 of your neighbors how you feel about an issue or local problem (or anything else). Write a letter to the editor. Times Journal, 1247 Solano Ave., Albany 94706.

BASEBALL

(Continued from Page 1)
and I started to promote it," Moore said.

It was back to the schools, but this time, Moore took one of her team members along.

"The reaction was really positive. We stressed that it was okay if you'd never played before, that we didn't play a cutthroat game.

"Boys can be really supportive," she went on. "Instead of jeering, we've asked them to help us at practice. By the end of the session they were excited, too."

Even though the league hasn't started yet, Moore has already gotten some feedback from parents and teachers.

"They say the girls feel more confident," she said.

Barbara Schultz was delighted to hear from Joan Moore.

"Normally we'd do basketball at this time of year," she said.

Although the basketball league is organized on a coeducational basis, the vast majority of players are boys, and Schultz was pleased to see a girls' sport.

"Our goal is to get girls playing and to give everyone a chance," she said.

Jeff Creamer, a minor league baseball player who played briefly with the San Diego Padres, will conduct the clinic, she said. There will be warmups and practice drills.

"We need some parent involvement, too," she said. "We need coaches and people to drive the girls to their games."

No schedule for games has been arranged yet, since Schultz doesn't know how many teams will be formed, but she thinks that games will be played Thursday afternoons from 3 to 5 p.m.

The playing fields were reserved long in advance for Saturday games by boys' baseball leagues, she said, but added that if the Peppermint Patty League takes off, she will try to rectify that situation next year.

For more information, call Schultz at 525-6747.



—Times Journal photo by Michael

Jackie Williams takes a swing and a miss

CHILD CARE

(Continued from Page 1)

the Employment Development Department as CETA-eligible. (Call 526-7425 for information.)

The positions are funded through the end of September and Kohl is not sanguine about the CETA program surviving the Reagan assault on domestic programs.

"I don't know what we'll do if CETA ends," she said.

One of the sore points with people connected with the program is that although it is mostly Albany residents who are served, the city of Albany provides no funding. In fact, the center got its start-up money from Berkeley.

The city of Berkeley has for several years had a sick child care program, begun in 1973 by Alice Jordan, now director of Berkeley

Children Services

"We started sending workers to Albany Village even though 70 percent of our funding came from Berkeley," Jordan said. "But as the word spread it got out of hand and we could only serve Berkeley."

Jordan got together with Albany Children's Center director Melinda Martin, who had an active parents' group eager to start a service for sick children.

"We got \$5 from each parent and used that as matching funds," Martin said.

The other half of the money came from a community projects grant from UC-Berkeley. Later costs were picked up by the state.

Albany did have home child-care workers for a year, funded by a grant from ACTEB/ACAP (Alameda

da County Training and Employment Board/Associated Community Action Programs), which does are reached by a consortium of government officials.

Ruth Ganong, city council member and Albany's representative to ACTEB/ACAP, said Wheedles & Sneezles was turned down when it sought additional funding because its original grant had been in one-year pilot program only. The majority of the board felt it would be inappropriate to continue funding.

City council member Anna Reid would like to see the program expanded — "it's worth keeping people at work and off the dole, but did not know where the money could come from."

RECYCLE

(Continued from Page 1)

month — six times the amount processed by E.C.ology.

Although the El Cerrito Center has scheduled its center to be phased out by 1983, some management experts feel E.C.ology might stay open as an elite facility.

The \$300,000 grant for the center in Richmond would provide processing equipment that would be installed at the El Cerrito operation. As soon as the new facility is set up in two years, the plant would be moved there.

Next to the processing plant, there would be a \$37 million waste-to-energy plant where trash would be burned to create heat and electricity. The draft environmental impact on the project and public hearings are scheduled in March.

One major stumbling block to the combined recycling and energy plant has been staunch opposition by north Richmond residents who do not want another industrial facility near their community.

The proposed sites are about two-mile sections between the El Cerrito Industrial Tract and the Westley Sewage Plant near the El Cerrito area.

The regional center is expected eventually to be self-sufficient.

Albany woman pleads no contest to embezzlement

By ROBERT KROLL

OAKLAND — An Albany woman who pleaded no contest to embezzling more than \$230,000 from a prominent Berkeley architectural firm is going through last-minute sentencing negotiations after an earlier agreement was rejected by a judge.

The sentencing of Pattie Collins, 50, for embezzeling for two years from Ratcliff-Slama-Cadwalader, 3408 Grove St., designers of the Alameda County administration building, is scheduled for 2 p.m. Wednesday in Alameda County Superior Court.

But her attorney, Hildegarde Olds, said today the sentencing could be postponed depending on the outcome of further negotiations.

Meanwhile, the victims of the crime have lobbied the judge for a stiff sentence and say they are watching the negotiations carefully. They also have initiated civil action against Mrs. Collins.

The architectural firm, which also designed the student co-op housing project Rockdale II south of UC-Berkeley campus, hired Mrs. Collins about three years ago as a bookkeeper. According to Peter

Scott, a partner in the 40-member firm, it was discovered last April that the firm's books had been tampered with, and an examination of cancelled checks paid out by the firm revealed the checks were altered so Mrs. Collins could deposit them in bank accounts under fictitious business names.

"One person has done terrific damage to a lot of people," Scott said, adding that he is concerned that she could be given probation rather than a jail sentence — punishment he views as unfair. Mrs. Collins could receive up to five years in state prison.

Mrs. Collins provided references to the firm when she was first hired, Scott said, but he said she was careful in selecting those references. The firm has not recovered any of the lost funds, and the loss has forced the firm to cut back its expansion plans.

Scott said Mrs. Collins apparently used some of the money to help further her son's acting career.

He said Mrs. Collins returned to work four days after the embezzlement was discovered, only to say that none of her children were involved.

Commedia Dell'Arte's 'Barber' delights Kensington audience

KENSINGTON — Commedia Dell'Arte, a young troupe destined to become a valuable permanent addition to the Bay Area cultural scene, completed its second season with a tight, polished, fully-staged production of "The Barber of Seville" Friday and Saturday nights at the First Unitarian Church.

Utilizing innovative opera producer Boris Goldovsky's English version of the Gioacchino Rossini classic, the Commedia Dell'Arte "Barber" had most of the merits that have become Goldovsky trademarks — a good chamber orchestra (directed by Marita McClymonds), fine singing, competent acting and subtle, at times hilarious, embellishments that enhanced the stage action.

Baritone Richard Goodman, the company's artistic director and president, was masterful in the title role as Figaro, the clever, resourceful barber who enables his young friend, Count Almaviva, to win the hand of the beautiful Rosina, whose overly protective guardian, Dr. Bartolo, is bent on marrying her.

Goodman delivered the famous aria "Largo al Factotum" in the bright, show-stopping manner in which it was intended to be sung, and played his role with all the wit, humor and dash that it demands.

It is obviously no contest between the handsome young Almaviva, admirably sung by tenor David Jarratt, and the aging, domineering Dr. Bartolo, equally well performed by baritone Ed Cohn; but the twists and turns of the opera based on the Beaumarchais comedy were executed in a consistently entertaining manner in this Ken-

neth Rowland-directed production.

Soprano Margaret Thome, making her entrance in a sparkling English interpretation of "Una Poco Verde," played Rosina with a fine comedic touch, and trick Boyle was perfect in the role of Don Basilio's eccentric music teacher-watchdog.

Again, a la Goldovsky, the cast was capable and directed from top to bottom, some of the most delightful moments being provided by an actor who didn't sound, Helmut Lewis, as Bartolo's elderly, cross-eyed servant, Ambroglio.

As Don Basilio is handing the servant his hat to deliver to the Bartolo home, Ambroglio falls ashore, causing the hat to drop to the floor: not a bad gag, but one of those little touches that keep an audience well-primed for the header stuff.

Baritone Gregory Graham, doubling as a servant, Fiorello, and a police officer, and soprano Jackson, as Rosina's dizzy governess, also were well-contributors to this well-knit farce.

The 24-piece chamber orchestra and the hand-crafted sets drew large and enthusiastic audiences.

Since both nights' performances drew large audiences, it's a good bet that Commedia Dell'Arte will be back at First Unitarian in October. The 1981-82 season opener, Donizetti's "Don Pasquale," is set for October 15.

Its return will indeed be welcomed.

By Gordon

Senior centers

ALBANY

The Albany Senior Center is at 846 Masonic Ave. 644-8500. Hours are Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, noon-4 p.m.

The new flyer of our schedule and program is now available. Pick up one for yourself and take one to a friend.

Special Events

New Service: Come get a haircut on Saturdays at 10 a.m. Donation of \$1 is requested.

Tickets for Albany Day at the Races are available at the center. One-third of the money raised by this goes to The Friends of the Albany Seniors for the Senior Van.

A newly forming chess group is meeting every Friday at 10 a.m. Come and join in to play & learn the game.

Sunday Potluck Supper, Feb. 22, 4 p.m. A slide show of Italy will follow.

Blood pressure clinic, Monday, Feb. 23, 1-3:30 p.m.

A.C. Transit cards will be made at the center on Wednesday, March 11 at 10 a.m.

Ruth Horowitz teaches a class called "Looking Good, Feeling Great" on Wednesday mornings, 9:30 to 11:30 a.m. It deals with the appearance and vitality of women over 50.

"They tell us we can be sexual and appealing indefinitely, but nobody tells us how to do it," said the instructor, herself 68.

Sponsored by Vista College, the class is free. For information call ahead to 644-8500 or come to the center on Wednesday, Feb. 11th.

Classes

Mondays — Prose Writing 9-12 noon, Drawing & Painting 9-12 noon, Foreign Policy 3-5 p.m.

Tuesdays — Newly Widowed 10-12 noon; Exercise, 9 a.m.; Folk & Square Dance Basics 1-3 p.m. (\$50 per class).

Wednesdays — Looking Good & Feeling Great, 9:30-11:30 a.m.; World Affairs 10-12 noon, Creative Retirement 12-2 p.m.; Tai Chi 2-3 p.m.

Fridays — World History 9:30-11:30 a.m. (\$10 instructional materials fee per semester).

Continuing Events

Bingo, Thursday and Saturday, 10:30 a.m.; Bridge, Friday, 12:15 p.m.; Singalong, Thursday, 11:30 a.m.

Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.

Cheer group meets every Friday at 10 a.m.

Mini-market for seniors only is held Thursdays from 11-11:45 a.m., with special produce buys. Closed Feb. 12 and 19 for equipment repairs.

The "Senior Prom" ballroom dance is held in the multi-purpose room at Marin School every Saturday from 8 to 11 p.m. To brush up or learn new steps, come at 7:30 p.m. Donation: \$1.50 (includes refreshments).

Tax Assistance

Tax assistance for seniors is available every Monday and Friday. Bring your previous year (1979) tax returns and any tax forms you have received along with your current information. Hours: Monday 9-12 a.m., 1-4 p.m. Friday 1:30-4 p.m.

Social Security

Bring your questions and problems about Social Security, SSI and Medicare to the field representative at the center every Friday at 3 p.m.

Tax-Van Script

Coupon books for both taxi and accessible van use, for Albany available at the center for residents only are \$4 per book.

Bus Tours

Feb. 19-19, Palm Springs Date Festival and Las Vegas Tour (4 days, 3 nights). Cost: \$175 per person double occupancy, \$235 single occupancy. Reservations: Tuesdays, 12:30-3:30, Thursdays, 10-11 a.m.

March 8, Chinese play and lunch. Enjoy many courses at Louie's on Grant Avenue, San Francisco before the production at the Universal Buddhist Church. Cost: \$18 includes lunch, show, transportation & tips.

Menus

The Nutrition site meal is served at 3:45 p.m. Advance reservations are required. The suggested minimum donation is 75¢ for seniors, \$3 for persons under age 60.

Wednesday, Feb. 11, fried chicken; Thursday, Feb. 12, holiday (no meal); Friday, Feb. 13, beef stew; Monday, Feb. 16, holiday potluck; Tuesday, Feb. 17, chicken; Wednesday, Feb. 18, fish.

EL CERRITO

Christ Lutheran

Mondays, 9 a.m. to 2 p.m. at 780 Ashbury Ave. at Stockton: craft classes in the morning; 50¢ lunch at noon; afternoon program of information, speakers, community singing, sitdown exercises and folk dancing.

Classes in making pressed flower stationery, macrame, jewelry, weaving are taught at the center which is co-sponsored by Richmond Adult Education.

The Feb. 16 program will feature an update on senior services in El Cerrito by Bea Fields.

St. John's Center

St. John's Center is for El Cerrito residents 60 or over. It meets in the Catacombs building, 570 Gladys St., every Tuesday from 9 a.m. to 2 p.m. (phone Tuesdays only: 234-2797, or call center director N. Gans at 529-1111).

The center is part of the Richmond Unified School Adult Education program for seniors, and is run by trained, supervised volunteers.

Craft classes are held from 9 a.m. to noon; ceramics, jewelry, tin and glass, macrame, knitting and crocheting, watercolor painting, weaving, cards and table decorations and nutrition.

There is a guest speaker following the free lunch. Then there is community singing, sitdown exercises and folk dancing until 2 p.m.

There will be a volunteers' workshop on Monday, Feb. 16. Bring a brown bag lunch. For information call Nancy Gans at 529-1114.

On Feb. 17, the after lunch speaker will be John Wessels of Merck, Sharpe & Dome Drug Co., who will present a film on cataracts. Washington's birthday will be observed.

Open House

Drop-in Center, 6500 Stockton Ave., behind the library; phone 526-0124. Lunch daily at noon. Programs include:

Monday: bridge, 12:30-2 p.m.; guitar workshop, 7 p.m.; tai chi, 10-11 a.m.; bereavement group, 2-4 p.m.

Tuesday: fitness, 9:30 and 10:15 a.m.; arts and crafts, 9:30-10:15 a.m.; bridge, 12:30-2 p.m.

Thursday: fitness class, 9:30 and 10:15 a.m.; information and referral, 10 a.m.-1 p.m.; arts and crafts, 9:30-11 a.m.

Friday: fitness, 9:30 a.m.; popular dance, 10-11 a.m.; bingo, 1 p.m.

Special Events

Container Gardening class, Thursdays, 9:30-noon through Apr. 26.

Smoke Detectors, Wednesday, Feb. 11, 12:30-1:30 p.m. Capt. Don Williams of the E.C. Fire Dept. will be the speaker.

"Make Today Count," a mutual support group for persons with life threatening illnesses meets the first and third Monday of each month from 7 to 9 p.m. The instructor is Genie Kaiser. Beginning Mar. 2, the group will meet Mondays from 2-4 p.m.

Tai-Chi-Chih (Ben Levitan, instructor) is relaxing, effortless flowing movements which help in reducing nervous tension, anxiety and high blood pressure. This class meets every Monday from Feb. 2-23.

Barber Clifford Smith will visit on Friday, Feb. 27 from 9 a.m. to noon to cut men and women's hair for \$1. Call for an appointment.

On Tuesday, Feb. 17 at 12:30 p.m., Eric Mankuta will conduct job counseling, pre-retirement and re-entering the job market.

ter, 7007 Moeser Lane. Program: first week, business and bingo; second week, cards and games; third week, potluck; fourth week, cards and games. If there is a fifth week, special programs.

For information, 525-6747.

Senior Citizens Club

The Senior Citizens Club meets Thursdays, 5 to 9 p.m. on St. John's Catacombs Hall, Gladys and Lexington Streets.

First Thursday of the month, business meeting and cards; second, bingo; third, birthday observances; fourth, potluck and cards; fifth Thursday, special programs. For further information call 526-7462.

Sakura-Kai Center

Activities for Japanese-speaking senior citizens, first and third Saturdays, 1 p.m. to 3 p.m. behind library, 6510 Stockton Ave.; arts, crafts, exercises, ceramics, "Shigin" (Japanese poetry singing) and social services available. For more information, call William Waki, 525-7086.

KENSINGTON

Kensington Senior Activity Center, 9:30 a.m. to 2:30 p.m. every Thursday at 52 Arlington Ave., offers workshops in crafts, table games and bridge to senior citizens with special programs at 1 a.m.

The first Thursday of the month is a potluck lunch prepared by Nancy Barnes (\$1.50).

Sing old songs and learn new tunes with Lisbeth Roessner, the choir director of the senior chorus every first and third Wednesday of the month from 1 to 2 p.m.

The public health nurse will visit on Feb. 18 from noon to 1 p.m.

Community Center

Mondays, 6 to 9 p.m. at El Cerrito Community Cen-

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Hanes Hosiery Opaque, sheer and textured pantyhose in a potpourri of fall colors.

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Hink's will be open Washington's Birthday, Monday, February 16, from 10 am to 6 pm.



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Boys Tops Sweaters. Velours and Shirts from famous makers including Rob Roy, Billy the Kid and Kennington. Size 4 to 7 & 8 to 20. Reg. to 20.00 1/2 OFF

Boys Pants Assorted styles from Billy the Kid, Levi and Rags. Sizes 8 to 16 and student sizes 25 to 30 waist. 1/2 OFF

Boys Pajamas Knit and flannel pajamas in novelty styles for boys size 4 to 20 1/2 to 1/2 OFF



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Copper Molds Functional and decorative. Choose from carved fish or rooster. Reg. 12.00 9.00

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Kitchen Utensil Set Stainless steel with yellow handles. Set includes serving spoon, ladle, pierced spoon and serving fork. Reg. 20.00 16.00

Stainless Steel Mixing Bowls 1, 2 and 3 quart bowls with plastic covers for storage. Reg. 14.00 12.00

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—Photo by Luoma Photography

GOOD LOCAL CAUSE—Don Farber, left, operations manager at Golden Gate Fields, and Rebecca Heathcock, the Maid of Albany, are among the many local residents helping to promote "Albany Day at Golden Gate Fields" set for Saturday, Feb. 14. Between 1,500 and 2,000 tickets already are sold. The annual fund-raising event this year will benefit the Albany Unified

School District and the Albany Senior Center. Tickets are \$1 (or six for \$5) and make the bearer eligible for a \$2 discount at local Round Table Pizza Parlors and for a drawing for Zenith televisions and stereos and trips to Reno. Tickets are available from many seniors, high school students and from the Albany Chamber of Commerce, 525-1771.

Valentine's Day race set

The Alameda County chapter of the American Heart Association will sponsor its sixth annual Valentine's Day Run on Saturday, Feb. 14.

More than 4,000 runners are expected to participate in the East Bay's largest run. The event features 5 kilometer (3.1 miles) and 10 kilometer (6.2 miles) runs around Lake Merritt.

The run will begin at 10 a.m. at the old boathouse near 14th Street and Lakeside Drive. An informational program on running will

precede the run at 8 a.m. in the Oakland Auditorium Theatre, on 10th Street near Fallon. It will feature Brian Maxwell, UC-Berkeley track and cross-country coach and world-class marathoner.

All participants will receive Valentine's Day Run t-shirts, and trophies will be awarded in each class. "America's number one killer."

proceeds will help support the heart association's fight against heart and blood vessel diseases, For more information, call the Albany Senior Center 644-8500.

Albany offers
taxi scrip

ALBANY—The City has set up a taxi scrip system for senior citizens. Senior citizens may purchase \$20 worth of transportation for only \$7. For more information, call the Albany Senior Center 644-8500.

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EL CERRITO—Two El Cerrito residents were graduated recently from the California College of Arts & Crafts in Oakland.

Therese Bresolin earned a BFA in printmaking and Andrew Wong earned a BFA in environmental design.

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OLD CROW BOURBON	10.49 Reg. 14.99 1.75 Liter
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SEAGRAM'S VO	6.79 750 ML Reg. 8.49
JAY VEE BLACK LABEL BOURBON	5.59 Liter Reg. 8.89
ANCIENT AGE BOURBON	5.79 Liter Reg. 8.49
WALKER'S CANADIAN	5.79 Liter Reg. 8.49
TEN HIGH BOURBON	5.29 Liter Reg. 7.49
HAMM'S BEER	1.49 Reg. 2.29 6-Pack, 12-oz. Cans
BUDWEISER BEER	3.79 Reg. 4.49 12-Pack, 12-oz. Cans
COCA-COLA-TAB FRESCA-SPRITE	1.19 Reg. 1.69 2 Liter
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DURAFLAME LOGS	1.19 Reg. 1.59 Case of 6 6.98
CLUB COCKTAILS	2.79 All Varieties. 9/4 Qt., Reg. 3.99
CUTTY SARK SCOTCH	15.98 Reg. 22.59 1.75 Liter
JOHNNIE WALKER RED SCOTCH	7.99 750 ML Reg. 10.99
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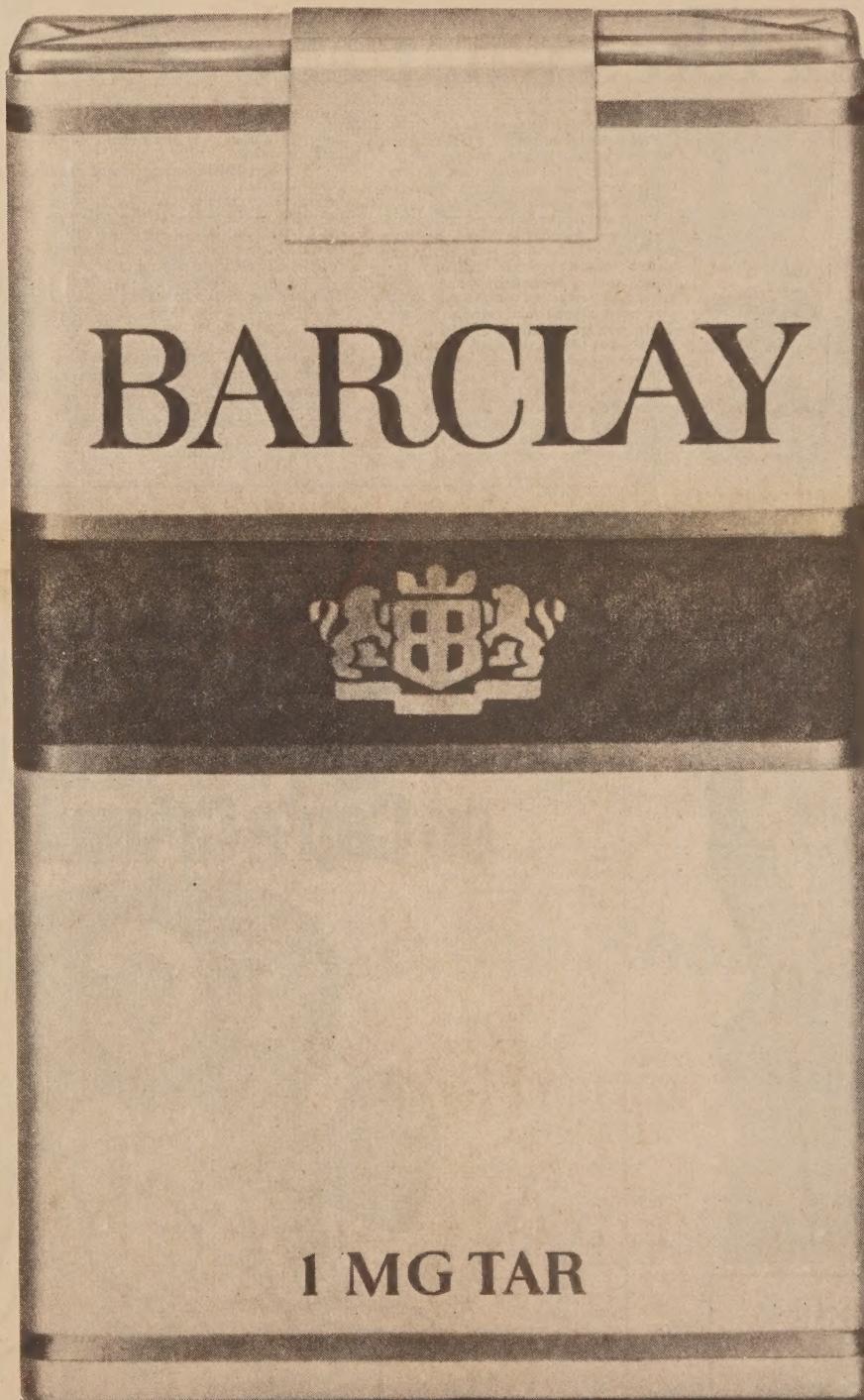
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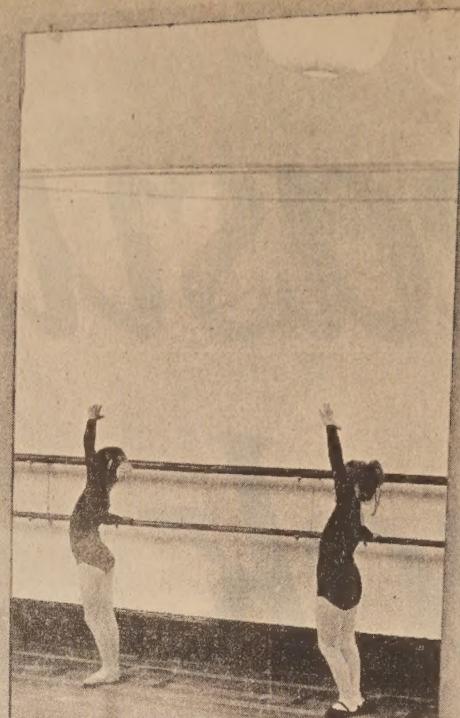
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A ballerina likes what she sees



Vala Bovie teaches ballet, a fascinating job but one that pales beside a fascinating life.

Caught up in the Russian civil war, Mrs. Bovie, then 7, and her mother fled Russia in 1921, at one point wading breast deep through a Polish swamp to reach the West. In Paris, before their fortunes improved, the impoverished mother and daughter slept in the streets. The girl went on to win a dance scholarship and subsequently danced ballet throughout Europe and even in Egypt, had her own ballet company and eventually became the proprietor of 11 ballet schools.

But when her daughter moved to California, she closed the schools and followed. "Outside of a ballerina, I am a mama," the Albany resident says.

Now she runs classical ballet schools in Lake Tahoe and Berkeley and notes with pleasure that America "has made fantastic progress in 20 years. Television is making

ballet more popular. It sets a very good example for the kids.

"We have children from age two and a half. Many parents are working. The children are by themselves. They need love and attention. Teenagers need exercise and discipline. They need to have an idea of something that is beautiful. I tell them, 'If they like beautiful things, they can not do ugly things.'

Lately, many adults have taken up ballet. "All the ladies have dreamed of being in ballet," Mrs. Bovie says. "They could not do it before. Now their dreams can come through."

She would like to see more boys in ballet. "There is absolutely nothing sissy about it. In Europe, in France, boys are required to take ballet. It makes the muscles strong. In any sport, you would work only part of the body. In ballet, you work all parts, down to the tipsy toes. All the body is strong."

Photos by James Pe

Lions schedule benefit concert to aid the blind

The Richmond Breakfast Lions Club will present "Lions Festival of Music, 1981" on Saturday, Mar. 7 at 8 p.m. at the Richmond Memorial Auditorium, Richmond.

D.J. Rick Wagstaff of Radio KMPX, will emcee the variety show, which is a benefit for Lions Blind Charities (the Lions Eye Foundation, the Blind Centers in Oakland and Pittsburg, the White Cane Program).

Among the featured acts will be John Patton, lyric tenor; the Hawkins family, gospel singing group; country western singer/songwriter Chuck Rodgers and his Rodgerettes; the Vision Band under the direction of Tom Tomasello; the Davis twins, a dance duo; the Three Plus One Barbershop Quartet; Lou Ashley, contemporary gospel and pop

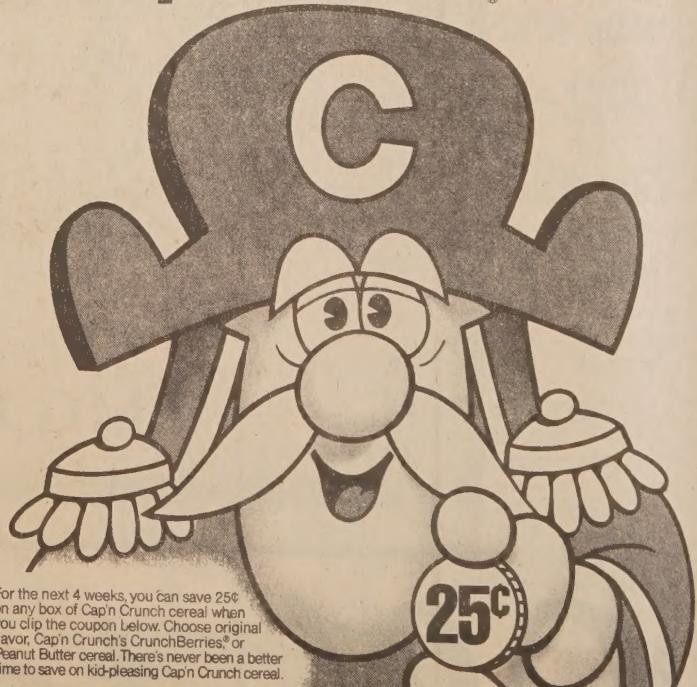
singer; members of the Olio cast of the Claypipers performing their "Can Can" and "Grand Old Flag" numbers; pop pianist Ray Zurfluh; concert pianist Araks Aghazarian; old time song stylist Nancy Ledbetter; and singer-comedienne Lee Crawford.

Tickets for the Festival of Music may be purchased at the Richmond Chamber of Commerce, at all branches of Mechanics Bank or by calling 223-9259 or 223-3536, also at Union Bank, Hilltop Mall.

Donation \$3, seniors and children, students \$2.

In conjunction with the show a parade is planned for noon on Mar. 7th, with horses, antique cars, bands, clowns, baton twirlers. The parade route will begin on 37th Street and proceed down Macdonald Avenue to the Civic Center.

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Pot luck
with Olga Bier



Be my valentine

dilemma. How could this happen? February is Health Month as well as Valentine Time and Pie Time. How can we remind each other about our sweets to sensible amounts in the interest of nutrition and dental health when all around us chocolate hearts and gooey tributes to our valentine hearts?

newly encouraging are studies which show that attack our teeth more destructively when eaten than as part of a complete meal. This we could include that sweet course at the end of you and, if the menu is well-balanced, we're not so overindulge at that time. Sort of a "now eat your vegetables, Stanley, or it's no dessert for you" rule.

V. writes,

mother used to make a lemon pudding cake was delicious. She was of the "pinch of this and that" school, so I have no recipe.

recall, all the ingredients were mixed together; baking, a cake layer rose to the top, leaving below. Perhaps you or a reader could help.

other goodie she made was a cookie called "Her-

spicy, fruit and nut concoction.

Moms, write down your recipes for your

Carolyn, to that. One of the nicest gifts I know to give a wife is a collection of her mother's and his moth-

er's family recipes.

for your Lemon Pudding Cake, I'm still working. Perhaps one of our readers will come to the rescue.

"Hermits" was easy. These are rich, hearty

— hopefully as good as your Mom's. Thanks for

Luv, Olga B.

Hermits

sifted flour
baking soda
salt
allspice
cinnamon
honey
brown sugar
eggs, beaten
milk
raisins
dried currants
chopped dates
chopped nuts

and flour, soda, salt and spices well. (Sift them to several times) Cream shortening and add honey. Add eggs, milk, and then the dry ingredients. fruits and nuts and mix well. Drop by tea-onto a greased sheet and bake 400°F. 10-12 minutes about 4 dozen.

other tasty cookie ... While we're at it, here's a great cookie for your valentine that is a drop of a classic. My friend Martha offers this and

world-wide cookie connoisseur.

Martha's Fluffy Shortbread

2 cubes of butter and whip until fluffy
in 1/4 c. sugar and 2 t. vanilla

in 1/4 c. flour
by teaspoonsful on an ungreased sheet and bake

minutes at 350°F.

shy valentine

right, all you conservatives. It's time for a flashy, I'll say flaming, dessert. If you have been shy

thing this before, now's the time to take the mis-

way from Cherries Jubilee.

only will it be a special valentine dessert in red

but it must be served with the lights dimmed

in a romantic setting. If you have a chafing dish,

it's easy.

Cherries Jubilee

in the syrup from 1 can of dark sweet cherries.

1/4 c. sugar and 2 T. cornstarch. Cook and stir

but heat until mixture is thick and bubbly. Stir

cherries and 1/4 c. brandy (cherry brandy is nice),

transfer this mixture to your chafing dish which has

hot water in the lower pan.

vanilla ice cream scooped and ready in individ-

ual goblets on a tray. Dim the lights and gently

more brandy which has been heated in a metal

cup or small pan over the cherries. It's im-

possible to preheat this brandy so it will burn readily.

and make a grand gesture of ladling the flam-

mes over the ice cream and gaze into your valen-

tes over the blue and red glow. L'amour, tou-

teur — and don't forget to floss.

Olga Bier, an Albany resident, teaches culinary arts at Costa College and is the head of the consumer home arts department at El Cerrito High School.

Write with hints for this column or questions may write to

care of the Times Journal, 1247 Solano Ave., Albany

fans seek funds for transport

NY — At a joint meeting of the senior and of Albany Seniors was discussed the senior two half-days of Pantries.

recommendation to the Park and Commission to the City Council

center director Carlston reported the taxi script is about 60 people a it was pointed out we or two trips to or Berkely to use the monthly up the monthly script but remained useful for a kind trip not use of the van.

Bedell Waite said corporation of the Albany Seniors profit corporation to be completed two months.

anic Turner told the Ventura County non-profit corporation for numerous projects, including fund for small emergency seniors.

ission period, pre- over by Catherine considered new ideas for raising. Also dis-



Robin Hansen of the Kensington Symphony

Kensington Symphony sets new concert

KENSINGTON — The next concert of Kensington Symphony's second session will be Feb. 13, and will be repeated Feb. 15.

The first concert will take place at the Performing Arts Center, Contra Costa College, at 8 p.m. The First Unitarian Church, 1 Lawson Road, Kensington, will be the site for the concert on Feb. 15th at 7 p.m.

Robin Hansen, featured violinist, will perform Jean Sibelius' Violin Concerto with the Kensington Symphony.

Hansen is 18 years old and has studied violin for 11 years with William Pynchon of San Francisco. She is the concertmistress of the UC-Berkeley Orchestra and has appeared as soloist with the Oakland Symph-

ony for this 1980-81 season.

Music For The Royal Fireworks by Handel will complete the program.

Tickets are available from the Kensington Symphony by mail at 1 Lawson Road, Kensington, 94707; through the Contra Costa College box office; or at the door for either performance. Admission is \$4 and \$2 for senior citizens and students.

ALBANY — Albany police last week arrested a Richmond man who used a knife to threaten a passenger and the driver of an AC Transit bus.

Drake Driver, 25, of Richmond, was arrested shortly after 10 p.m. by Officer Rick Kempe.

Police said Driver was riding the bus north on San Pablo Avenue in Berkeley when he drew a knife and threatened to stab a passenger, Scott Dillon.



Carl Friberg

Richmond man is arrested for threatening AC bus driver

ALBANY — Albany police last week arrested a Richmond man who used a knife to threaten a passenger and the driver of an AC

Driver then approached the bus driver, Stephanie McGlothlin, 27, and threatened her, officers said.

McGlothlin stopped the bus near the Berkley — Albany city line. Dillon, meanwhile, fled the bus and flagged down Kempe, entered the bus and arrested

Driver. McGlothlin was unharmed. Driver was booked on a charge of assault with a deadly weapon and remained in custody today in lieu of \$5,000 bail.



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Early deadline

Because of the three-day Washington's Birthday holiday, the Times Journal has changed its classified ad deadline to Friday, Feb. 13, at 5 p.m. for the Feb. 18 edition.

The display advertising and news deadlines remain the same: display ads, Friday at 5 p.m., news at Thursday, 5 p.m.

Staying healthy

Cowboy boots

The latest self-inflicted fashion-conscious California foot malady — labeled "cowboy boot syndrome" with a vengeance, according to podiatrists — has struck

try Association (CPA). "We're seeing an increase in a whole range of foot problems including ingrown toenails, corns, calluses and bunions, all caused by the boots cur-

rently in vogue," says John M. Connolly, D.P.M., president of CPA.

"And men are the prime victims, for a change. They're suddenly being confronted with a problem

that women have put up with for years — trying to wear shoes that were never meant to conform to the human foot.

"The pointed toe is important to the 'urban cowboy' fashion look, is the culprit. Cowboy boots come to a point, the human foot does not."

In addition to the damage caused by cramping toes into an almost non-existent

toe box, cowboy boots offer little if any shock absorption, according to Connolly.

"And since these boots are worn primarily for dancing, and vigorous dancing at that, the feet are also constantly being subjected to jarring shocks," he says. "The result is a pair of aching, tired feet when the dance is over."

Connolly sympathizes

with those responding to Dame Fashion's siren call, however, and offers some hints for wearing cowboy boots in relative comfort. "The first rule is to buy the largest boot you can wear without walking right out of it — forget your normal size," he says. "Select a pair that allows about one and one-half inches between the end of the big toe and the point of the boot.

"While this boot accommodates your feet, you'll need to shoe salesman back and sides to insert material to heel to stabilize the boot. Out that product is less than podiatric view, not be worn now."

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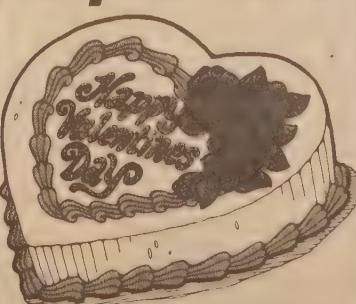
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TIMES JOURNAL



Tom Taussig and Wendy Oser use video to help the handicapped find jobs.

Video psychologists

Cleaning up your image

By ROBERTA ALEXANDER

THOUSAND OAKS — Most of us know that chewing on a job interview is not the way to make a good impression. But what about all those other little mannerisms — how can we learn to cope with or change them? Thousand Oaks resident Wendy Oser, the answer is.

Oser and her partner Tom Taussig are now offering a class at Vista College entitled "Personal Image: Preparing for Job Placement."

The 10-week class, which is tuition-free, meets Tuesdays and Thursdays afternoons from 1 to 3 p.m. through April 21, and as far as Oser is concerned, enrollment will be throughout the semester.

She described the class as one for people "who want to enhance their self-esteem and to have more ease in presentation."

It is designed for the developmentally and physically disabled as well as the able-bodied. The class is wheelchair-accessible and Vista College provides signers for students and note-takers for blind ones.

Vista is unique because it seeks to serve people not just well elsewhere," Oser said. "But the techniques used with how one feels about oneself are the same. We expect to learn a lot about people who are like us."

Oser said the class will cover a variety of subjects. We use video feedback to see ourselves with objectivity and to discover our impact on others," she said. The goal is to move toward greater self-appreciation.

Sometimes the path along the way is a bit rocky. It's not for people new to videotaping to react negatively first — the oh-my-goodness-is-that-me? syndrome.

When Oser, a former actress, first saw herself on tape, she was stunned.

At first I felt exposed and vulnerable and I was very critical about myself, very critical. But at the second session I got some distance from the person I was seeing on tape and I became more objective. Finally I felt a compassion for that person," she recalled.

As a result, she described her "specialty" as "seeing people are not stuck in the negative phase. There are

ways of being with yourself to move past it. With gentle guidance from us, there is an increase in personal compassion."

As far as the job preparation aspect of the class is concerned, Oser said that they will rehearse job interviews, help people develop a style and teach ways to relate to people on the job.

"When you're grounded in terms of who you are, then you feel entitled to be there," she said.

Oser said that getting along with co-workers has sometimes been a problem for some mentally handicapped workers.

"For people who haven't functioned much in the so-called real world, everything can be overwhelming," she said. "It's all based on your relationship with yourself. There are ways in which the world isn't comfortable with the disabled, and it's important for the disabled to learn how to deal with that."

Interested students are advised to come to class at Vista College, 2020 Milvia St. in Berkeley, call the college at 849-8431 or Oser at 527-7931.

'Tiny Tots' open in E.C.

EL CERRITO — A new session of Tiny Tots began at Castro Park in El Cerrito this week. It is open to all preschoolers that are at least between the ages of 2 and 3.

The program is designed to encourage social interaction between children and promote creativity. Activities include arts and crafts, songs, stories, puppetry and special events. Linda Treat, a licensed child care director, is the teacher at Castro.

Parents may register their child for any combination of sessions; two, three or four days a week. Sign up at the El Cerrito Community, 7007 Moeser Lane, El Cerrito.

To learn about becoming licensed foster parents to children in need of foster homes, call the Alameda County Social Services Agency at 874-6911.

The payment for board and care for foster children ranges from \$211 to \$285 per month depending on the age of the child. Medical expenses are covered through Medi-Cal.

Heffernon named to dean's list

ALBANY — Kurt Heffernon, son of Andrew Heffernon of Albany, was named to the fall dean's list at Western Baptist College in Salem, Ore.

He earned a 3.67 grade point average.

Girl needs foster care

My and Latanya (not real names) are a 16-year-old girl and her 10-year-old son, who need a foster parent. Sandy is very bright and verbal, but she gets easily and fights off feelings with anger and resentment at the actions of others. She thrives when she is in an abundance of attention and when suggestions for changes in behavior are stated in a positive way. Sandy needs a family that can help her learn to be patient and who can find a home between accepting

responsibility for the infant's care and allowing Sandy to maintain herself in the role of primary caretaker.

To learn about becoming licensed foster parents to children in need of foster homes, call the Alameda County Social Services Agency at 874-6911.

The payment for board and care for foster children ranges from \$211 to \$285 per month depending on the age of the child. Medical expenses are covered through Medi-Cal.

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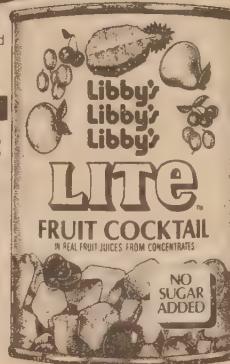
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Churches

EL CERRITO

Northminster Presbyterian Church

The church holds its worship service at 10:30 a.m. Sunday school begins at 10:45; children are encouraged to attend the first part of the service with their parents. Child care is provided. This Sunday, Feb. 15, Diane Frits will lead the Sunday school class.

The church is located at 1545 Ashbury Ave., El Cerrito.

THOUSAND OAKS

Epworth United Methodist Church

On Sunday, Feb. 15, at 10 a.m. the Rev. David F. Slope will preach. There is a special children's time during the service before their creative expression class. Child care is provided.

Coffee time follows the service. Youth and adult classes meet at 11:15 a.m. with leaders Dr. C. Maxwell Brown and the Rev. and Mrs. David Wu.

Youth meet each Sunday at 6:30 p.m. Children's choir practices Thursdays at 7:30 p.m.

The Social Club for older adults will meet for dinner Friday, Feb. 20, at 6:30 p.m. The evening will highlight Art Sanford's Holy Land pictures with tape commentary. Call Sanford, 326-1290, or Tinkham's, 325-3241 for reservations. Dinner is \$4 and reservations must be firm.

The church is located in the Thousand Oaks district of north Berkeley at 1933 Hopkins St. Phone 524-2921.

Thousand Oaks Baptist Church

On Sunday, Feb. 15, the church at study begins at 9:45 a.m. with classes for all ages. The pastor will preach on the subject: "Which is the Kingdom of God?" at the 11 a.m. worship service.

On Wednesday, Feb. 18, the family fellowship pot-luck dinner will be held at 6:15 p.m. followed by Bible study led by the pastor for adults and by Jim Hopkins for young people. Choir rehearsal will follow at 7:45.

On Friday, Feb. 20, an after-school drop-in recreational program is held every Friday at 3:30 p.m. at the church. All fourth through eighth graders from the community are invited to come for volleyball, basketball, games, drama, and refreshments. On Saturday, Feb. 21, the youth of the church are inviting everyone to an inter-generational valentine banquet and program beginning at 7 p.m. Tickets may be purchased through the young people.

The church is located in the Thousand Oaks district of north Berkeley at 1821 Catalina Ave. Phone: 526-3773.

Northbrae Community Church

On Sunday, Feb. 15, the schedule will be: junior choir rehearsal, 10 a.m.; musical forum, 10:10; primary choir rehearsal, 10:30; worship, 11 a.m.; church school classes, 11:20; coffee time, 12 noon; religious education for 9th-12th graders, 5 p.m.; youth group, 6 p.m.

KENSINGTON

Arlington Community Church

On Feb. 15 the sermon will be given by Rev. F. Russell Baker. The sermon will be entitled "Feed My Sheep," from the scripture: John 21:15-19. The church will provide the neutral pulpit for a candidating sermon.

Worship time is 10 a.m., with Sunday school meeting

at the same time. Liturgist will be Susan Yourd.

The junior choir will rehearse at 11:30, preparing for Earth Day, March 22.

One of the February specials will be held Feb. 14, when several Arlington couples will have a renewal of marriage vows with reception following, as a special event and fund raiser. The renewal of vows follows sessions on marriage enrichment and communication, the history of marriage relationships, and an examination of the couple's original vows.

The church is located at 52 Arlington Ave., Kensington. Phone 526-9146.

ALBANY

St. Alban's Episcopal Church

This morning at 11:30 there will be a service of Holy Communion conducted by the Rev. Warren Debenham, 10 a.m.

Pastor speaks at breakfast

Dr. Larry C. Peterson, pastor of Calvary Presbyterian Church in Berkeley, will be the guest speaker at the sixth annual Coast Guard area observance of the National Prayer Breakfast, sponsored by the 12th Coast Guard district and the Training Center in Alameda. "Making the Best of Our Situation" will be his topic.

Each year shortly after the convening of Congress, the prayer groups of the U.S. Senate and House host a National Prayer Breakfast. It is attended by the President, Cabinet, Supreme Court, Congress, Diplomatic Corps, Joint Chiefs of Staff, leaders of business, labor, education and science.

rector.

On Sunday, Feb. 15, Father Debenham will preach at both services. He also will be the celebrant of Holy Communion, assisted by the Rev. Patrick Maitrejean and Nabil Jacob, lay reader. Ann Lamb will read the Old Testament selection. Acoyiles will be Renee Davies at 8 a.m. and Katalin McGuiness, Bethany Rolfsen and Leslie Charlton at 10. The senior choir will sing the offertory anthem. Nat Jacobson and James Lamb will be the ushers. The coffee hour after the 10 a.m. service will be hosted by Laura Campbell and Mabel Reiff.

The church is located at 1501 Washington Ave., Albany.

Albany United Methodist Church

On Sunday, Feb. 15, services will be held at 11 a.m.

The Rev. Dr. Peter Ahn's sermon will be "Inescapable Decision." It is based on Deuteronomy, chapter 30, verses 15 through 20. Clay Berling will be the worship leader.

On Tuesdays and Thursdays the toddlers' play group will meet from 9:30 to 11:30. The Bible class meets Tuesday at 11:00. The quilters meet Wednesday at 9:30. The prayer group meets Wednesday from 12:30 to 3.

Child care is provided during Sunday services. The church is located at 980 Stanner St., Albany.

First Baptist Church of Albany

The sermon topic for the Sunday service will mark the conclusion of the series: "The Jesus for Our Day" by Dr. John E. Skoglund, minister. The sermon will be based on John 12:23.

On Wednesday morning the prayer and Bible study meets to continue the study of I John 1:18-28.

The American Baptist Women meet at Albany United Methodist Church on Thursday at 11:30 a.m. for a business prayer service. At the noon luncheon the soloist will be Betty Graham.

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Parks & recreation

Tennis courts at the Albany Middle School Park, Albany Park and Terrell Park are available for reservations on weekends and City Holidays by Albany residents. Reservations are for one hour periods between 8 a.m. and 5 p.m. Residents may reserve a tennis court in this column at the Albany Park and Recreation Department, 1000 San Pablo Ave., Albany, or call 452-5414 for further information.

Lawn courts

Memorial Park and Middle School tennis courts are booked until 11 p.m. Albany residents may purchase the courts at the park and recreation department for \$7.50 apiece. Each token will provide 30 minutes of instruction. Tokens cost \$15.00 in machine. An additional time, wait up to five minutes before inserting another token. Red warning light will come on with five minutes of your time. Insert tokens as soon as possible. If you do not, there is a 15-second cool down period before the lights come on again. Lights are on a timer and will not come on after 11 p.m.

Cake decorating

A new continue cake decorating class will be held at the Albany Senior Center, 846 Masonic Ave., Albany. Class will be held Thursday, starting March 5 through May 21 from 7 to 9 p.m. in a six-week session. Learn to decorate your own cakes for special occasions. Students will actively participate working on their own cakes. This is designed for beginner and advanced beginner students. Class instructor Ethel Halaz has extensive experience in cake making and conducting workshops for cake decorating.

Fee: \$15 for Albany residents, \$16.50 for non-residents.

R.D. Club Donations

The R.D. Club, an after school day care program for children in first through fourth grades is in the following

rooms, (any kind), materials (mainly cotton), crochet hooks, games, old jewelry, hats, dresses up, dresses and small sizes.

Bring donations to the Albany Park clubhouse, Portland Ave., Albany, daily, Monday through Friday, 2 to 6 p.m. Director: Tania Belia.

Baton class

Children joining the baton unit in the twirling class will participate in various classes throughout the year. Classes will be held for tots, new beginners, intermediate students and Marin School students in room 1001 Santa Clara, Albany. Fee: \$14 a week. Instructor: Sandi Rios has taught this last year a western regional baton class and two dance classes which placed second in the nation at Rock, Virginia. This year at national competition, Sandi sponsored a strut and a solo champion in Seattle.

Tot class: 2:30-3:15 p.m. Intermediate 4:45-5 p.m.

For further information call 644-8514. Classes scheduled to begin Feb. 13 through

Art classes

There will be a new introduction to Art and painting for children five through eight years

MCA offers child care

An after-school program for elementary age children in Berkeley-Albany is available at Berkeley-Albany for children at various schools and adjacent units.

Dismissal from school is met by counselors at various schools and escorted to the after-school program. The schedule of activities includes gym play, running, creative arts, indoor and outdoor sports, homework time and

"Kids' Club" sites geared for K-3rd graders. One site is especially for 4th-6th graders. A counselor to child ratio of 1:8, the emphasis is on individual growth and development.

Day (8 a.m.-5 p.m.)

Plans are planned for school holidays. For information call ext. 28 from 9-5

This class offers children the opportunity to explore painting, drawing, printing, collage, and weaving through exercises designed to heighten visual awareness of the basic elements of art. A wide range of materials will be used.

Classes will be held at the Albany Community Center, 1123-8th Street, Albany, on Thursdays, 3:30 p.m.-5:00 p.m., six week session, starting Feb. 5 through March 19, with Feb. 12, Lincoln's birthday, a holiday.

Fee: \$12 and a \$5 ma-

terial charge to cover the basic materials used.

Instructor Twyla Arthur teaches at the Art Coop in Berkeley and has worked as an art consultant for the Berkeley Public Schools.

She is an artist who believes strongly in the importance of art in our society and the value of art education for our young people.

Drawing, painting

A new drawing and

painting class will be of-

fered to children eight

years through thirteen

years at the Albany Com-

munity Center, 1123-8th Street, Albany, on Tuesdays, 3:30 to 5 p.m.

Six-week session, starting Feb. 3rd through Mar. 10.

This class will be teaching children beginning drawing and painting techniques and introducing them to many ways of making pictures.

Materials include pencil, ink, charcoal, pastels, watercolor and acrylic.

Fee: \$12 and a \$5 material charge to cover the basic materials used.

Instructor is Twyla Arth-

A.R.D. Club

This is a special program

geared to the needs of chil-

dren 6 through 10 years of

age.

The program will be held at Memorial Park Clubhouse, 1375 Portland Ave., Albany. Hours will be 2 p.m. to 6 p.m. and from 3 p.m. to 6 p.m. for children dismissed from school at above times. Hours will be 10 a.m. to 4 p.m. over school vacations, Monday through Friday.

Children are provided with a wide range of activities. Some of the activities are: arts & crafts, cooking, indoor & outdoor games, sports, library programs and special excursions.

Craft projects will include:

clay, pottery & sculpture, weaving, nature-wool, toy making and needle crafts.

This year emphasis will be

placed on using materials

of nature.

The goal of the program

is to provide a meaningful experience for the children

by providing an opportunity for them to make new friends and learn new skills in a warm loving and supportive atmosphere.

The program will extend hours in the morning, 9 a.m. to 6 p.m. if enough people are interested.

Cost will be \$45.00 per

month from 2 to 6 p.m. and

\$40 per month from 3 to 6 p.m.

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and staying in shape," the

park & rec department

says.

Schedule:

Monday-Wednesday — 6:30

7 p.m.-7:15 p.m. and 7:30

8 p.m.-8:15 p.m.; Tuesday-

Thursday — 5:45 p.m.-6:30

7 p.m.; Saturday — 10 a.m.-

10:45 a.m. and 11 a.m.-11:45

a.m. Instructor is Marnie Marks. Classes will start the first Saturday, Monday or Tuesday of each month.

Class fee: \$7.50 for one

class per week per month

and \$10.00 for two classes

per week — monthly or

\$22.50 for three classes per

week — monthly.

Morning Jazzer

classes will be held at the

Albany Temple, 533 San

Pablo Avenue, Albany, 9:30

-10:15 a.m. Tuesday &

Thursday.

Fee: \$15 per month or

participants may enroll

during the month on a pre-

registered basis. Class instruc-

tor is Cary Bischoff.

Signup at the first class.

Bring a friend and bring a

mat to sit on.

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ib. 1.39	ib. 1.19	ib. .99	* Marin County Stores will be Closed
Smoked Young Turkeys	Smoked Ham	California Avocados	Mushrooms
Country Pride, Fully Cooked, Ready to Eat, USDA Grade A, Frozen, Approx. 8-10 lb.	ib. .99	California's Finest. Enjoy them often... each .25	A gourmet's delight in a convenient 8 oz. pkg.
Young Turkeys	Ground Beef	Celery	Leaf Lettuce
Swift Butterball, Deep Basted, USDA Grade A, Frozen, Approx. 16-22 lb.	ib. .79	For salads, soup or stew! Large size each .39	Select from Red, Butter or Green Leaf
Young Turkeys	Smoked Ham	Fresh Spinach	Green Cabbage
USDA Grade A, Fresh, Self Basting, Approx. 16-22 lb.	ib. .59	Delicious in salads! Large, green bunches .25	Solid, green heads. Great for cole slaw
Young Ducklings	Ground Beef	Pork Sausage	Alfalfa Sprouts
C & D Brand, Over Ready, USDA Grade A, Frozen, Approx. 16-22 lb.	ib. 1.08	Lady Lee Regular or Hot .98	Select your own from our bulk display
Frying Chicken	Smoked Ham	Shrimp Meat	Bumble Bee Tuna
USDA Grade A, Whole Body, Frying, USDA Grade A, Cut Up,	ib. .62	Cooked & Peeled, Ready to Serve, Fresh Frozen .72	Chunk Light or Chunk Light'n Water .92
Boneless Smoked Ham	Ground Beef	Lamb Legs	Fresh Lemons
Hormel Cure 81, Fully Cooked, Approx. 3-4 lb.	ib. 2.79	Genuine Spring Lamb, Product of New Zealand, Fresh Frozen, USDA Inspected 1.59	For flavor...for health. Sunkist. Use fresh lemon juice each .09
Del Monte Quality Foods!	Laundry/Household Aids	Other Items	Fresh Pineapples
Bread/Cereal/Flour	Del Monte Spinach	Sandwich Cookies	Ready to eat. Direct from Hawaii each .99
Harvest Day Bread	17 oz. .59	Lady Lee Assorted, Fudge or Lemon 1.39	Liquor, Wine, Beer
Crushed Wheat-Round Top or Sandwich .24 oz. .75	Prune Juice	Mazola Margarine .81	Almaden Wines
Granenut Flakes	32 oz. .91	Bumble Bee Tuna .92	Chenin Blanc or French Colombard 3.19
Post Cereal 18 oz. 1.37	Del Monte Fruit Drink	48 oz. 1.55	Ancient Age Bourbon
Duncan Hines Cookie Mixes	Pineapple-Grapefruit, 6's 1.27	Jergen's Soap .38	Straight - 86 Proof 10.99
Chocolate Chip or Oatmeal Raisin .45	Del Monte Catsup	Deodorant Bar .47 oz. .38	1.75 Ltr.
Peanut Butter or Golden Sugar .45	44 oz. 1.29	Dawn Detergent 22 oz. 1.26	Lucky Vodka 80 Proof 4.29
Snakin' Cakes	Del Monte Dill Pickles	18 oz. .75	Lucky Lager Bock Beer
Applesauce Raisin, Banana Walnut, Chocolate Almond or Golden Chocolate Chip 1.13	Fresh-Whole or Polish 24 oz. .85	12 oz. Can 1.49	
Frozen Foods	Del Monte Biscuits	Thrive Dry Cat Food	Paul Masson Wines
Results Mexican Diners	Country Style or Buttermilk 7.5 oz. .23	18 oz. .75	Chablis, Rose or Burgundy 3.29
Frozen Combination Plate, Enchilada 12 oz., Mexican Style 15 oz., Cheese Enchilada 13 oz. .99	Dried Italian Salame 1.99	40 oz. 1.59	Liquor Available in Stores with In-Store Liquor Departments ONLY
Frozen Green Peas	Sliced Party Pak 1.99	Larsen's Veg-All .46	Health/Beauty Aids
Flav-R-Pac 20 oz. .79	Chub 12 oz. 3.29	16 oz. .25	Q-Tip Swabs
Beef Meat Pie	La Tortilla Corn Tortillas 14 oz. .37	Folger's Coffee 2.19	Plastic .94
Swanson-Frozen 8 oz. .56	Harvest Day 1.37	All Grinds 2.19	Rave Hair Spray
Delicatessen Items	Top Ramen Noodles	All Grinds 3.65	Assorted Types 11 oz. 1.99
Dinner Franks	Assorted Flavors 3 oz. .28	Paper Napkins	Rave
Lady Lee-Beef or Meat 16 oz. 1.53	Idaho Pinto Beans 1.05	Lady Lee - 1-Ply, White or Assorted 300's 1.37	Non-Aerosol, Assorted Types 8 oz. 1.99
Dishwasher Detergent	Lady Lee 65 oz. 2.08	Bounty Paper Towels	Vaseline Intensive Care Lotion
Lady Lee 65 oz. 2.08	Fab Detergent 49 oz. 1.66	2-Ply, Decorator White or Designer 100's .99	Assorted Types 10 oz. 1.44
Laundry/Household Aids		Toddler 12's 2.19	
Cherry Pie Filling		Daytime Extra Absorbent 24's 3.58	
Comstock 21 oz. 1.19		Bathroom Tissue Lady Lee 2-Ply, Yellow or White	
Cherry Pie Filling		Lady Lee 150's .79	
Comstock 21 oz. 1.19		Sandwich Bags Lady Lee .79	

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Ever want to stock up on some really great bargains only to discover that the quantity was limited?

Not at Lucky!

Our No Limits policy means you can stock up on any item in the store...and pay the same low price for each.



SAFEWAY

SAFEWAY'S

INFLATION



INFLATION FIGHTER

Follow the Inflation Fighter to Savings!

Safeway is committed to helping you battle inflation with special prices throughout the store. This means passing the savings onto you. We do this with Inflation Fighters, our symbol for items at Safeway Savings. You'll see them marked throughout the store. Where you see Inflation Fighter, you'll see SAVINGS!

Look for
this
Symbol
& Save!

Cutex

Polish Remover,
4 Ounces2 \$1
for

Aim

Toothpaste, 15¢ OFF
LABEL, 4.6 OuncesSave 44¢
INFLATION FIGHTER

85¢

Rave

Hair Spray,
4 oz. Pump or
7 oz. Aerosol\$100
Save 69¢
INFLATION FIGHTER

Cepacol

Mouthwash, 30¢
OFF LABEL,
18 Ounces\$129
Save 19¢
INFLATION FIGHTER

Tums

Save 59¢
INFLATION FIGHTER
3 Rolls2 \$1.39
for

Vaseline Intensive Care Lotion, 10 Ounces

\$1.25

Q-tip Cotton Swabs

\$1.00

Vaseline Petroleum Jelly

\$1.45

Kodak Film 135-24 Color Print II, Roll (Safeway, 135-24 Color Print II, Roll, \$1.99)

\$2.19

VIDAL SASSOON

Shampoo, 8 Ounces

Finishing Rinse, 8 oz.

Liquid Protein, 4 oz.

Duo Protein Pac, 2 oz.

\$1.79
YOUR
CHOICE

VITAMINS

Chewable Vitamin C
Safeway, 100 mg., 100 CountSafeway Vitamin C
100 mg., 100 CountSafeway Vitamin B-6
50 mg., 100 CountVitamin E Skin Cream
Safeway, 4 Ounces\$1.00
YOUR
CHOICEVALENTINE
FAVORITES FROM
OLD SPICE

Old Spice

Stick Deodorant,
20¢ OFF LABEL,
2.5 Ounces
\$1.39Old Spice
After Shave,
4.25 Ounces
\$2.99

Old Spice

Shave Cream,
11 Ounces
\$1.45Afrin Nasal Spray .5 Ounces
Formula 44 Cough Syrup, 3 oz.
Vicks NyQuil Cold Medicine, 10 oz.

Items and prices in this ad are available February 11, 1981, thru February 17, 1981 at all Safeway Stores listed below.

There's A
SAFEWAY
Near You!

Berkeley

- 2020 Oregon Street
- 1444 Shattuck Place

San Pablo

- (L) 13222 San Pablo Avenue
- (L) 100 El Portal Center

Albany

(L)

El Cerrito

(L)

Richmond

(L) 4925 MacDonald

(L) These Safeways Have A Liquor Department

Ruby
GrapefruitCalifornia
Grown,
48 Size8 \$1
forLarge Red
Delicious ApplesWashington,
Extra Fancy
3 \$1
lbs.

Chinese New Year

Chinese Napa Cabbage

Chinese Noodles

Won Ton Skins

Azumaya

Egg Roll Skins

Azumaya

Salad Fixins

Azumaya

Celery

Azumaya

Tulips

Azumaya

Green Cabbage

1b. 19¢

Royal Mandarins

3 3¢

35¢

each

4" Pots

S S DOLLAR DAY

Mac & Cheese
Kraft, 7.25 Ounces
3 \$1
forHeinz Ketchup
32 Ounces
\$1.00Contadina
Tomato Sauce, 8 oz.
5 \$1
forCoors Beer
6-12 oz. Cans or Bottles
\$1.99Green Beans
Scotch Buy, Canned, 16 oz.
3 \$1
forFabric Softener
White Magic, 64 oz.
\$1.59Laundry Detergent
White Magic, 49 oz.
\$1.59

M & M Mars Bars
Tree Top Apple Juice
Parsons Ammonia
Crushed Wheat Bread
Raisin Bread
Ice Cream
Snow Star, 1/2 Gal. (Eskimo Pie, Lucerne, 6 Pack, 18 oz., \$1.29)

FIGHTERS!

TO HELP YOU CRUSH INFLATION!

SAFeway

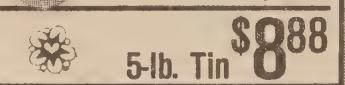
Regular
Ground BeefDoes Not
Exceed 30%
Fat\$119
lb.Armour Golden Star
Boneless TurkeyButter Basted,
Frozen, USDA
Grade A\$159
lb.Pork Loin Roast
Blade Half(Pork Loin
Roast, Sirloin
Half,
lb., \$1.49)\$138
lb.Manor House
Chicken Franks77¢
1-lb.Armour Star
Sliced Bacon
(Thick Sliced,
2-lb., \$3.15)

1-lb.

\$158

Hen or Tom Turkeys
Manor House,
Frozen

lb. 75¢

Leg of Lamb
New Zealand,
Regular Cut,
Frozen\$158
lb.Dubuque
Canned Ham,
Oval Royal
Buffet

3-lb. \$5.99

Dubuque Oval Royal Buffet
Canned Ham

5-lb. Tin \$8.88

PORK SPECIALS

Center Cut	Pork Chops, Pork Loin	lb. \$1.99
Pork Spareribs	Frozen Fresh Thawed	lb. \$1.29
Pork Chops	Smoked, Water Added	lb. \$2.29
Bacon Ends & Pieces		lb. 89¢
Sliced Bacon	Platter Style	lb. \$1.49
Ground Pork	Fresh	lb. \$1.89

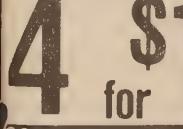
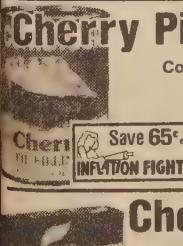
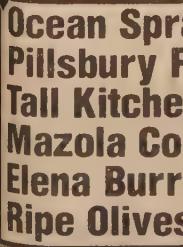
Ball Park Franks		1-lb. \$1.68
Sizzlean Strips		12 oz. \$1.58

BEEF SPECIALS

Tip Roast	Safeway USDA Choice Grade Beef Round	lb. \$2.5¢
Cross Rib	Round, Buttered, Safeway USDA Choice Grade Beef	lb. \$2.38
Swiss Steak	Safeway USDA Choice Grade Beef Bottom Round	lb. \$2.39
Chuck Roast	Beef Chuck, Safeway USDA Choice Grade Beef	lb. \$2.19
Strip Steak	Safeway USDA Choice Grade Beef Round	lb. \$4.79
Tip Steak	Safeway USDA Choice Grade Beef	lb. \$2.68
Top Round Steak	Safeway USDA Choice Grade Beef	lb. \$2.68
Rib Eye Steak	Safeway USDA Choice Grade Beef	lb. \$4.99

London Broil	Beef Round, Safeway USDA Choice Grade	lb. \$3.39
Boneless Top Sirloin	Steak, Safeway USDA Choice Grade Beef	lb. \$3.39

BARGAINS! \$\$\$

Top Ramen
3 OuncesBroccoli
Chopped, Bel-air,
Frozen,
10 oz. \$1
forAlpo Dog Food
14 to 14.5 Ounces
3 \$1
forCherry Pie Filling
Comstock, 21 Ounces
\$1.00Cherry Pie
Bel-air, Frozen, 24 oz.
\$1.39Dole Pineapple
20 Ounces
79¢Orange Juice
Bel-air, Frozen Concentrate,
6 oz. 39¢Ocean Spray
Pillsbury Plus
Tall Kitchen Bags
Mazola Corn Oil
Elena Burritos
Ripe Olives

Cranberry Juice Cocktail, 32 Ounces	\$1.09
Cake Mix, 18.5 Ounces	79¢
Safeway, 15 Count	\$1.19
32 Ounces	\$1.89
Frozen, 5 Ounces	3 for \$1
Town House, Sliced, 2.25 oz. or Chopped, 4.25 oz.	3 for \$1

LUNCHEON MEATS

Large Bologna	Sliced Meat, Safeway	1-lb. \$1.79
Variety Pack	Round, Safeway	12 oz. \$1.94
Variety Pack	Square, Safeway	12 oz. \$1.94
Braunschweiger	Sticks, Safeway	lb. \$1.09
Meat Franks	Skinless, Safeway	1-lb. \$1.49
Salami Stick	Galileo, Dry	lb. \$2.98

SEAFOOD SPECIALS

Raw Prawns	Small in Shell Frozen Fresh Thawed	lb. \$5.49
Shrimpmeat	Frozen Fresh Thawed	lb. \$4.99
Oysters	Fresh	10 oz. \$1.79
Cooked Shrimp	Trophy Frozen	12 oz. \$2.99
Dungeness Crabs	Whole Frozen Fresh, lb. Thawed	lb. \$1.79

Wolfschmidt

Vodka, 80 Proof, 1.75 liter	\$7.99
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Cold Brook

Blended Whiskey, 80 Proof, 1.75 liter	\$7.49
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C.K. Mondavi

Wine, Chablis, Zinfandel, Burgundy or Rhine, 1.5 liter	\$2.69
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Heineken

Beer, Light or Dark, 6- 12 oz. Bottles	\$3.99
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Wente Bros.

Wine, Grey Riesling or Le Blanc de Blanc, .75 liter	2 for \$5
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10¢ CASE DISCOUNT on all non-advertised Wines & Liquors. No sales in excess of 20 gallons. No sales for resale. At licensed stores only.

Items and prices in this ad are available February 11, 1981, thru February 17, 1981, at all Safeway Stores listed on the other page.

Everything you want from a store
...and a little bit more!

SAFeway



THE LIGHT FANTASTIC—A folk dancing class meets Saturday afternoons from 2 to 4:30 p.m. at Albany's Marin School (Marin and Santa Fe Avenues). The class is free and is open to both singles and couples. For more information, call Shirley King at 526-2626.

Science notebook

Mussel tension

To all appearances, mussels enjoy one of the most serene lifestyles around. But life is tough for mussels, those placid brown creatures found gregariously clustered in tide pools and on wooden pier pilings. In fact, life is so tough that mussels are showing signs of stress, a byproduct of modern industrialization.

It's the same kind of stress that gives people migraines, headaches and heart attacks. For mussels, the cause is pollution — chemicals and heavy metals that flow to the sea from the nation's industrial centers. Mussels aren't the only marine organisms affected; stress hits species in the aquatic food chain from the worms that live in the ocean sediment to the fish we eat for dinner.

Marine biologist Dr. Florence Harrison at the Lawrence Livermore National Laboratory (LLNL) explains that the symptoms of biological stress range from a shortened lifespan to stunted growth, decreased reproduction, and increased susceptibility to disease. In short, an animal stressed by pollution is all-around less competitive than other, more resistant species.

Scientists suspect that pollution-caused stress contributes to the deterioration of ocean ecosystems. Commercial seafood fisheries, sport fishing, and the beauty of oceans, bays and harbors may all be affected. Locally, the striped bass, a popular sport fish in the Sacramento Delta, is suffering from gill rot and skin lesions, which some biologists attribute to stress from chemical pollution.

Harrison thinks it's possible to identify stressed ecosystems and clean them up before the damage is irreversible. Working in her marine laboratory at LLNL, she is developing sensitive tests to use as spot-checks on the health of marine animals.

Her work was supported last year by the federal Department of Energy (DOE). The results are so promising that last month the Environmental Protection Agency gave her another grant to expand her work into a \$300,000 effort this year.

The pollutants Harrison studies are hydrocarbons from oil spills and discharges from coal and oil-burning plants. She's also investigating heavy metals, like copper, that flow into the ocean in sewage and power plant effluent. Recently the EPA asked her to look into the effects on ocean animals of low-level radioactivity from offshore storage of nuclear waste.

In her marine laboratory at LLNL, Harrison is raising common Bay mussels and segmented worms that live on the ocean floor. She exposes the animals to the concentrations of pollutants found in the environment. The worms are typical of animals that live in the ocean floor, where pollutants concentrate in the sediment. The mussels —

RUSD lunch price hike

Reduced price lunches now sold to low income, eligible students in the Richmond Unified School District will increase in price from 10 to 20 cents, effective Feb. 15.

Reason for the increase, according to the food service office of the school district, is legislation passed by Congress in December, that reduced by 10 cents the federal subsidy for reduced price lunches. The reduction does not affect the federal free lunch program. Lunches in the Richmond Schools are sold regularly for 80 cents.

Safety first

Screwdriver safety

An often abused tool by the do-it-yourselfer and the professional craftsman is the screwdriver. Very few can say they haven't used a screwdriver to pry open lids, pry apart parts of equipment, punch holes in metal, use as wood chisels and much more. If you include yourself among those who mis-used the screwdriver, you are flirting with possible serious injury, according to the Hand Tools Institute, an

association of American and Canadian hand tool manufacturers.

Screwdrivers are manufactured only for the purpose of driving or removing screws. Accordingly, the strength and types of materials that go into the manufacture of screwdrivers are limited. Misuse of the screwdriver, such as striking it with another tool or using it as a prying tool, could cause the screwdriver to break and cause

serious personal injury, as well as possible damage to other involved equipment.

Some other don'ts:

- Don't use a screwdriver with rounded edges or tips as it may slip and damage the work.
- Don't use a screwdriver to check a storage battery or other electrical current.
- Don't use pliers on handle or shank of screwdriver to get extra turning power. Only a wrench should be used on a square shank that

is especially designed for the purpose.

- Don't expose a screwdriver blade to excessive heat. It may reduce hardness of the blade.

- Don't use a screwdriver with a split or broken handle.

- Don't redress a round blade tip unless you know how to do it correctly.

It is always a good practice to wear safety goggles when using hand tools. In addition to using the screwdriver safely, a workplace should have an assortment of screwdrivers, such as the stubby, to work in close quarters; the commonly used standard blade type and the Phillips.

Class open on boating

Richmond F. R. will conduct course up river and seamanlike nights at 7:30 p.m. Pt. San Pablo, 700 W. Cutting, Richmond. The class is \$100 and the boat is \$100.

boat handling legal requirements, boating, navigation, engines, sailing and radio telephone. For further information, call Caroline 0664.

SAFEWAY

Everything you want from a store

...and a little bit more!



Buy two
2-liter bottles
of Coke or TAB
(Mix or Match)
and get a
third bottle
free, with
this coupon
at your
Safeway
Store.



Here's A Sweetheart Of A Deal.
Offer EXPIRES: February 28, 1981
NOTE TO DEALER: For each coupon you accept as our authorized agent, we will pay you our retail price
of a 2-liter plastic bottle for Coke or TAB plus 15¢. This coupon
is provided you and your customers have complied with the terms of this offer. Any other application constitutes fraud. Invoices showing your purchase of sufficient stock to cover all coupons must be shown upon request. You where you purchase is taxed. TAB is a registered trade mark which identifies the name of the Coca-Cola Company. TAB is a registered trade mark which identifies the name of the Coca-Cola Company. Bottled under the authority of The Coca-Cola Company by The Coca-Cola Bottling Company of California.

Store Coupon



MEAT DEPARTMENT SELECTIONS
Gallo Italian Dry Salami Stick
Jimmy Dean Pure Pork Link Sausage
Armour Star Skinless Franks
Foster Farms Chicken Franks
Swift's Brown N' Serve Link Sausage
Jones Sliced Liverwurst
Galileo Sliced Salami
Jones Minute Breakfast Link Sausage
Foster Farms Chicken Bologna

Offer EXPIRES: February 28, 1981

NOTE TO DEALER: For each coupon you accept as our authorized agent, we will pay you our retail price
of a 2-liter plastic bottle for Coke or TAB plus 15¢. This coupon
is provided you and your customers have complied with the terms of this offer. Any other application constitutes fraud. Invoices showing your purchase of sufficient stock to cover all coupons must be shown upon request. You where you purchase is taxed. TAB is a registered trade mark which identifies the name of the Coca-Cola Company. TAB is a registered trade mark which identifies the name of the Coca-Cola Company. Bottled under the authority of The Coca-Cola Company by The Coca-Cola Bottling Company of California.

OFFER GOOD ONLY IN AREA SERVED
BY: Coca-Cola Bottling Company of California
ONLY ONE COUPON PER REQUIRED PURCHASE.



SAFeway COUPON
With This
Coupon D.C.
Cheer
Detergent
49 oz.
(Price Without Coupon, \$1.93)
15¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Wisk
Liquid
Detergent
64 oz.
(Price Without
Coupon, \$3.67)
35¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Tide
Detergent
171 oz.
(Price Without Coupon, \$6.39)
30¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Imperial
Margarine
Soft-Spread,
2-1/2 lb. Tubs
or 1 lb. Tub
92¢



SAFeway COUPON
With This
Coupon D.C.
Oxydol
Detergent
32 oz.
(Price Without Coupon, \$2.49)
25¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Duraflame
Logs
6 lbs.,
6 Pack
30¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Ivory
Snow
Soap
32 oz.
(Price Without Coupon, \$2.07)
15¢ OFF



SAFeway COUPON
With This
Coupon D.C.
MJB
Detergent
49 oz.
(Price Without Coupon, \$2.09)
15¢ OFF

SAFeway COUPON
With This
Coupon D.C.
MJB
Flake Coffee
13 oz., (28 oz., \$4.43)
24¢ OFF

SAFeway COUPON
With This
Coupon D.C.
MJB
Decaffeinated Coffee
1 oz.
41¢ OFF

SAFeway COUPON
With This
Coupon D.C.
S & W
Colombian Coffee
1 lb.
29¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Libbys
Sauerkraut
16 oz.
45¢

SAFeway COUPON
With This
Coupon D.C.
Pillsbury
Biscuits
Buttermilk
or Country
Style, 7.5 oz.
23¢

SAFeway COUPON
With This
Coupon D.C.
Dawn
Detergent
32 oz.
(Price Without Coupon, \$1.45)
20¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Cascade
Detergent
Dishwashing, 65 oz.
(Price Without Coupon, \$2.99)
30¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Lawry's
Chili Mix
16 oz.
48¢

SAFeway COUPON
With This
Coupon D.C.
Heinz
BBQ Sauce
25 oz.
87¢

SAFeway COUPON
With This
Coupon D.C.
Dream
Whip Topping
Pillsbury Biscuits
Friskies Meat Dinners
Buttermilk, 4.5 oz.
For Dogs
14 oz.
51¢

SAFeway COUPON
With This
Coupon D.C.
Buttermilk
Pillsbury Biscuits
Friskies Meat Dinners
For Dogs
14 oz.
51¢



SAFeway COUPON
With This
Coupon D.C.
All
Detergent
32 oz.
(Price Without Coupon, \$10.48)
50¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Dash
Detergent
20 oz.
(Price Without Coupon, \$2.99)
20¢ OFF

SAFeway COUPON
With This
Coupon D.C.
SAFeway
SAFeway



SAFeway COUPON
With This
Coupon D.C.
Libbys
Sauerkraut
16 oz.
45¢

SAFeway COUPON
With This
Coupon D.C.
Pillsbury
Biscuits
Buttermilk
or Country
Style, 7.5 oz.
23¢

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Coupon D.C.
Dawn
Detergent
32 oz.
(Price Without Coupon, \$1.45)
20¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Cascade
Detergent
Dishwashing, 65 oz.
(Price Without Coupon, \$2.99)
30¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Buttermilk
Pillsbury Biscuits
Friskies Meat Dinners
For Dogs
14 oz.
51¢

SAFeway COUPON
With This
Coupon D.C.
Dash
Detergent
20 oz.
(Price Without Coupon, \$2.99)
20¢ OFF

SAFeway COUPON
With This
Coupon D.C.
SAFeway
SAFeway

Hot line for racial rumors

Operation Support, a telephone victim assistance and rumor control system, began last week with cooperation of a coalition of West Contra Costa County organizations and coordinated by the Greater Richmond Interfaith Program (GRIP).

Isabel Emerson has been designated as acting director and Mary Sophus has been assigned as her assis-



SAFeway COUPON
With This
Coupon D.C.
Libbys
Sauerkraut
16 oz.
45¢

SAFeway COUPON
With This
Coupon D.C.
Dawn
Detergent
32 oz.
(Price Without Coupon, \$1.45)
20¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Cascade
Detergent
Dishwashing, 65 oz.
(Price Without Coupon, \$2.99)
30¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Buttermilk
Pillsbury Biscuits
Friskies Meat Dinners
For Dogs
14 oz.
51¢

SAFeway COUPON
With This
Coupon D.C.
Dash
Detergent
20 oz.
(Price Without Coupon, \$2.99)
20¢ OFF

SAFeway COUPON
With This
Coupon D.C.
SAFeway
SAFeway



SAFeway COUPON
With This
Coupon D.C.
Pillsbury
Biscuits
Buttermilk
or Country
Style, 7.5 oz.
23¢

SAFeway COUPON
With This
Coupon D.C.
Dawn
Detergent
32 oz.
(Price Without Coupon, \$1.45)
20¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Cascade
Detergent
Dishwashing, 65 oz.
(Price Without Coupon, \$2.99)
30¢ OFF

SAFeway COUPON
With This
Coupon D.C.
Buttermilk
Pillsbury Biscuits
Friskies Meat Dinners
For Dogs
14 oz.
51¢

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With This
Coupon D.C.
Dash
Detergent
20 oz.
(Price Without Coupon, \$2.99)
20¢ OFF

SAFeway COUPON
With This
Coupon D.C.
SAFeway
SAFeway



SAFeway COUPON
With This
Coupon D.C.
All
Detergent
32 oz.
(Price Without Coupon, \$10.48)
50¢ OFF

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Coupon D.C.
Dawn
Detergent
32 oz.
(Price Without Coupon, \$1.45)
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SAFeway COUPON
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14 oz.
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14 oz.
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Detergent
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SAFeway COUPON
With This
Coupon D.C.
SAFeway
SAFeway

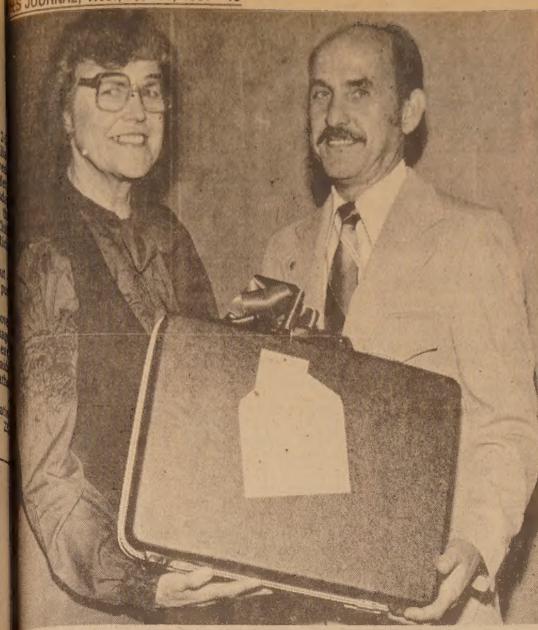


SAFeway COUPON
With This
Coupon D.C.
Friskies
Meat Dinners
For Dogs
14 oz.
51¢

SAFeway COUPON
With This
Coupon D.C.
Buttermilk
Pillsbury Biscuits
Friskies Meat Dinners
For Dogs
14 oz.
51¢

SAFeway COUPON
With This
Coupon D.C.
Dash
Detergent
20 oz.
(Price Without Coupon, \$2.99)
20¢ OFF

SAFeway COUPON
With This
Coupon D.C.
SAFeway
SAFeway



Thank you gift

El Cerrito Chamber of Commerce president Marian Erickson presents outgoing president Jed Atkins with a valise, in appreciation of his service to the organization.

Albany historians set talk on Sicilian women

ALBANY — Lucia Chiavola Birnbaum and Mark Luca will be guests of the Albany Historical Society at the Albany Library on Wednesday, Feb. 18, at 7:30 p.m.

Birnbaum will tell stories of local women of Sicilian heritage — the topic she is on which writing. She is president of the western regional chapter of the American Italian Association and has done extensive research into Italian history in the Bay Area and in Italy and Sicily.

Luca has been associated with Museo Italico Americano in San Francisco and active in cultural affairs. "The program should be of general interest as well as of special interest to those who can share stories of the early Albany Italian community," society president Catherine Webb said.

"Visitors are invited and urged to become active members of the Albany Historical Society," Webb said.

Many tasks remain unfinished waiting for more volunteers. The historical library has an overwhelming backlog of material needing to be catalogued. Other volunteers are still needed to continue with the oral interviews of our long-time residents.

"Our Early Albany calendar, published with the help of the Albany Community News, is in the works for next year and will be printed in much larger numbers. With long-range planning the calendar project can mean funds not only for the Albany Community News but also for the historical society as well. Persons good at fund-raising are needed for this and other projects. And publication of a second volume of *The Story of Albany* should not be delayed too long."

Webb said George Camozzi will donate to the society some family heirlooms — the handwork of Camozzi's grandmother,

Onorina Vipiana before her marriage to Luigi Davide Accornero 80 years ago.

The gift includes a crocheted bedspread, and several tablecloths and a linen set with the embossed initials O.V., Webb said.

Webb said that with all of the historical artifacts the society has and is getting, Albany may need a museum, in addition to its small historical library.

'Super Bingo' game planned

A "Super Holiday Bingo" game will be held Saturday, Feb. 14, from 2 to 10 p.m. at St. Cornelius auditorium, 28th Street at MacDonald Avenue, Richmond.

Game prizes range from \$8 to \$250. Doors open at 1 p.m.

Refreshments will be available and drawings will be held. Security will be provided.

For further information, call 234-6020 or 525-7767.

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**2 LB. TIN
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69¢
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\$1.19

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FLOUR
89¢

GOLD MEDAL
5 LB. BAG

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DETERGENT
AJAX GIANT
\$1.19

AJAX
GIANT
42-oz.
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SHASTA SODA
95¢

ASSORTED FLAVORS
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PORK & BEANS
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DETERGENT
AJAX GIANT
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ORANGES
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7 LBS
\$1

SMACK RAMEN NOODLES
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CARROTS
CELERY

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WHITE ROCK

WONDER 70-oz. Pkg. **\$1.99**

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BUTTERFISH
OYSTERS

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50's
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Crispy
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3 for \$1

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Jumbo Ripe Each
99¢

FOOD BOWL MEAT SPECIAL

BEEF STANDING RIB
ROAST

ROAST

FRESH SEAFOOD SALE

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OYSTERS

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LONDON BROIL
BEEF X-RIB STEAK
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BEEF FOR STEW
CANNED HAMS
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6 LB. TIN
\$2.09

BAR "S"
6 LB. TIN
\$8.49

COUNTRY STYLE
lb.
\$1.49

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Large End

\$1.99 LB.

BEEF RIB STEAK
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\$2.59 LB.

PICNIC ROAST
FRESH PORK SHOULDER
89¢ LB.

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ARMOUR 1 LB. PKG.
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THICK SLICED . . . 24-oz. Pkg. \$2.59

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lasses set
Chinese

CHINATOWN — The Cultural Education Center sponsors Mandarin and Cantonese language classes for children (6-16) at Portola Junior High School, 21 Navelier St., El Cerrito. Classes are held on Tuesdays and Thursdays at 3:30-5 p.m.

Students may enroll for the first time or for the second time. For information, call Edith Gong 234-6020. The semester begins Feb. 5.

Obituaries

Elmer McCloud

EL CERRITO — Services for Elmer O. "Bill" McCloud, a local resident for 30 years and a retired carpenter and locksmith, were held last week at Wilson & Kratzer Mortuaries. A native of Big Springs, Texas, Mr. McCloud lived in El Cerrito and died Feb. 3 in a Berkeley hospital. He was 68.

He was a member of the Balboa Park Baptist Church of Richmond, the Carpenters Union Local 36 of Oakland and the PTL Club of Charlotte, N.C.

Survivors include his daughter, Mrs. Betty Bickham of El Cerrito; three brothers, Calvin of Dallas, Texas, David of Corona, N.M., and Carl of Redding; two sisters, Mrs. Eva Mae Blaylock of Ship Rock, N.M., and Mrs. Doris Smith of Santa Fe, N.M.

Ethel Means

ALBANY — Services for Ethel I. Means, a longtime local resident and former secretary for the Diamond-Shamrock Co., were held last week at the chapel of Ellis-Olson Mortuary.

A native of Hagerstown, Md., Mrs. Means lived in Albany and died Feb. 3 in

an Oakland hospital. She was 78.

She was a member of the Albany Senior Citizens.

Survivors include her husband, Charles of Albany; a stepson, Michael Means of Napa; and two sisters, Mildred Snider of Phoenix, Ariz., and Katherine Coffman of Hagerstown, Md.

Private burial followed.

Frank Marollo

EL CERRITO — Services for Frank (Baldy) Marollo, a former Richmond resident for 76 years, a deputy sheriff and later investigator for the Contra Costa District Attorney's Office, were held last week at the chapel of Schmidt & Dixon (Richmond) Funeral Home.

A native of Coos Bay, Ore., Mr. Marollo lived in El Cerrito and died Jan. 31 in a San Pablo hospital.

He was a veteran of World War I and the U.S. Army, a graduate of St. Mary's High School and College, a member and past president of the Cerritos City Club, the Galileo Club, Richmond Lodge 1251 of the BPOE, American Legion Post 10 and the Eagles Richmond Aerie.

Survivors include his wife, Mayre of El Cerrito; and his brother, Leo of Orinda.

Juna Danielson

EL CERRITO — Juna Knapp Danielson, longtime anti-war activist, died Jan. 24.

A native of Ionia, Mich., Mrs. Danielson was a former Berkeley resident. She was 90.

She was a graduate of Kalamazoo Teachers College, founder of the East Bay Children's Symphony, a charter member of the Women's International League for Peace and Freedom and the Berkeley Consumers Cooperative.

She was an active opponent against the war in Vietnam, an active supporter of the Japanese interred during World War II and a lifelong liberal activist.

Survivors include three sons, Jack Danielson of San Rafael, Kenneth Danielson of El Cerrito and Donald Danielson of Reedley; 11 grandchildren and five great-grandchildren.

Mrs. Danielson's remains were willed to a medical school. At her request, no funeral services were held.

Roma T. Bunzl

BERKELEY — Following her own wishes, there will be no funeral services for Roma Templeton Bunzl, who died Jan. 24 at her home in Berkeley. She was 62.

A native of Connersville, Ind., Mrs. Bunzl first moved to Berkeley in 1944 and worked at Lawrence Berkeley Laboratory. Three years later she married R.H. Bunzl and subsequently moved with her family to Richmond, Va.

She was descended from pioneer Indiana families and attended Franklin College in Indiana, where she was a member of Pi Beta Phi sorority.

She was active in PTA, AFS, League of Women Voters and other organizations. Divorced in 1969, she returned to Berkeley, where she continued to support many charitable organizations.

Survivors include her daughters, Ann Bunzl Kameo of El Cerrito and Carol Bunzl Showker of Weyers Cave, Va.; her sister, Mary Templeton Collier of Albany; her sister-in-law, Mrs. Ray Templeton of Antioch; her sons-in-law, Neil Kameo of El Cerrito and Fred Showker of Weyers Cave, Va.; and her brother-in-law, George Collier of Albany. She is also survived by several nieces and nephews.

INSTRUCTIONS 045
PIANO lessons beginning thru intermediate. Readiness, improvisation, B.A. music, exper. Elaine 517-1349.

HELP WANTED 060
HAIR DRESSER wanted for new Albany salon. Ciente preferred. 60% comm. or station rental. Call 527-9747.

SALES HELP WANTED 070
SHARP copies wanted part time to help manage catalog sales. Write box 146 c/o Times Journal, 1247 Solano Ave., Albany 94706.

UNFURNISHED HOUSES FOR RENT 800
ALB. 2 plus bedrooms, fireplaces, studio, refrigerator, off street parking, near Solano, \$600 mo. no pets. Jeans Reatty, 524-8508

WORK WANTED 075
BOOKKEEPER seeks part time position, Albany, Berkeley, El Cerrito only. Avail 10 a.m.-3 p.m. 526-7958.

SEEKS part time, flex-time or share job to 15 hr. week. Stenographic, legal, proof, editorial, general office work. 524-2748, 526-7198.

WANTED TO RENT 855
HANDYMAN-Painter
Responsible young man seeks cottage, flat, apartment. With garage, exchange for services and/or rent. 5 years experience. References available. Call 655-4769.

DOMESTICS 085
CHILD CARE light housekeeping, 8 mo old boy in Berk hills. Flex-days & hrs. Loving attentive non-smoker who relates well with children. 845-6787.

LIC. child care, excellent care, 0-3 yrs. Albany, 527-5672.

ATTORNEYS 123
ATTORNEY experienced in real estate, evictions, divorce, bankruptcy, wills, adoptions, business law. Free consultation. G. Houston, 841-4787.

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A good plumber is hard to find! For fixing & remodeling the old, additions & new plumbing, call the experts. Lowest prices in town, free estimates. Lic #939078. 527-1491, 849-1990

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NORM WILLIAMS, Realtor 524-2303

NEAR EL CERRITO PLAZA . . . 2+ bedrooms, living room/dining room combination, fireplace, new wall/wall carpets, in-law apt. Owner will carry with 25% down balance 12%. Asking \$125,000.

OAKLAND CONDO . . . Spacious 2 bedroom unit in 4 unit building. Near shopping. Asking \$37,000 first at 10.75%. Owner will carry second. Asking \$85,000. Call Ingrid, 524-2303, eves. 527-6597.

BODEGA BAY LOT . . . Sweeping ocean view lot. \$48,500 with \$5000 down. Owner will carry balance at 11%. Call Eldon Wolf, 524-2303, eves. 526-0569.

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DAVID ROBINSON REALTY has joined a Real Estate network which is making home ownership possible for many who have felt "shut out" of the housing market. This home purchase plan is called "TICKET." We match people who want to buy a house but don't have the cash for the downpayment, with investors who want to get into Real Estate but don't want to be landlords. IT'S A PERFECT IDEA!

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8414 WILDCAT DR., E.C. 2-year-old, 4 bedroom, 2 1/2 bath, with over 2,500 sq. ft. of living area. Living and family rooms with fireplaces, formal dining with view. Large master suite and more! Seller anxious. Large assumable loan. Paul Wright 527-2426

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3 bedroom, 2 1/2 bath townhouse in prestigious neighborhood. Country Club membership included. Ed Elliott 848-4334

(302) FIRST TIME BUYER \$107,000
This 1 bedroom Gateview Condo. has much to offer you. Convenient, security and immediate occupancy.

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If so, this charming Albany home is for you — value is written all over, it's neat as a pin. Central location with 3 bedrooms, 1 bath, lovely yard. Walt Gardner 843-3027

(502) UP-SIDE DOWN \$112,000
In-side out — Any way you look at it, it's a good buy, Albany 2 bedroom, 1 bath home with fenced rear yard, detached garage with family room added. Milt Moore 527-7665

(303) NEW HILLER TOWNHOUSE OFFERING \$249,500
Magnificent Bay view on quiet cul-de-sac. 3 bedrooms, including master suite, 2 1/2 baths, gourmet kitchen opens out to enclosed atrium. Complete security system, Country Club membership included. Ed Elliott 848-4334

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When invested in the right neighborhood. The ultimate has been achieved in this Albany Triplex. Each unit has 2 bedrooms, 1 bath each. See it and be convinced. Shown by appointment. Walter Gardner 843-3027

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SEASONED Walnut, \$150/cord. Driveway delivery. 524-9646 eves.

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2 houses, 2 bedrooms, fireplace, aged \$5. 77,500; including all appliances. Central heat.

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Immaculate 8 room home on a corner site.

(10,000+ sq. ft.). Main level: 3 bdrm, 2 1/2 baths,

16x21 living room, 12x12 dining room, 14x21 family room, deck. All Electric Kitchen and double garage attached. Downstairs above ground: 16x29 Billiard room, bar, and full bath. Large patio and 12x22 garden house. Paved off street parking. \$235,000. Days 525-8700, Evenings & Sunday, Adrienne Schedler 763-2806 or 526-5252.

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One-level, 6 rooms, 3 bedroom, 2 bath contemporary Ranch style home. Level, fenced lawn off master bedroom. 2nd bedroom and kitchen. Pine trees for rear yard neighbors. Bay and hill view.

All Electric Kitchen: G.E., P-7, auto-clean oven,

220-volt & laundry off kitchen. 12'x14'ft., master bedroom with tile stall shower bath.

Security double garage with radio door and inside stairs. El Monte School, tennis courts &

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Clubs

ALBANY
Soroptimists
The Soroptimist International of Albany will have a luncheon meeting on Wednesday, Feb. 11 at noon at Kirby's El Cerrito Sta-

Frances Arnold of the Bay Humane Society will speak on "Nine Lives of the Dog House." Past President Irene MacWhinney is chair of the day.

Retired Persons
Albany Chapter 2618, American Association of Retired Persons, will hold a February meeting on Sunday the 14th at 1 p.m. at the United Methodist Church, 980 Stannage Ave., near Marin Ave.)

Speaker of the day will be Berkeley Compton, writer and game inventor, from Game Center America, who will present "The Art of Rebound Exercise," a new concept which makes exercise possible for everyone.

Members having February birthdays will be honored and a social and retirement hour will follow business meeting, a special no-host anniversary luncheon will be

held in place of the March regular meeting for members and guests. Reservations may be made by calling secretary Edith Drott at 526-4770.

Persons over 55 years of age are welcome to join our chapter and participate in club tours, community service projects and other club activities. For further information call president Norman Hawker at 525-9121.

Live Wires

Marian Miller will show slides of Bavaria and the Alps for Live Wires on Friday, Feb. 13, at the Albany Senior Center at 7:30 P.M.

Vera Ladame and Alice Chrestenson will serve refreshments.

Come to the Grand Ole Opry with the Live Wires in September. Information by calling 525-8757.

Toastmistress

The USDA Toastmistress Club meets the first and third Wednesdays of each month at noon in the third floor conference room at the U.S. Department of Agriculture Building, 800 Buchanan Street, Albany.

The club was chartered by a group of USDA Em-

ployees but anyone is welcome to join.

Visitors are invited to call Rita Millard or Brenda Sweeney at 486-3736. Ample parking is available.

Albany Lions Club

Albany Lions Club meets Thursday at 7 p.m. at Kirby's in El Cerrito Plaza.

Albany Rotary

Albany Rotary Club meets Tuesday at 12:30 p.m. at Spencer's Fish Grotto in Berkeley.

Bridge Club

The club meets at 12 p.m. on Mondays and Thursdays at the University Village at the University Village Community Center, 1123 8th St. For more information call 232-6689.

Scrabble

Albany Scrabble Players Club No. 41 meets each Sunday 12:45 to 5 p.m. at 605 Carmel Ave. All persons 16 years of age or older are invited to participate free in three games of one hour each. Persons are requested to bring their own game and three egg timers. Call 526-8675 for reservations.

EL CERRITO

St. John the Baptist

St. John the Baptist Teacher Group will hold its annual crab feed Saturday, Feb. 21 in the school auditorium, 11156 San Pablo Ave., El Cerrito.

Cocktails begin at 6 p.m. and dinner, consisting of all the crab you can eat plus salad and French bread, will be served at 7:30 p.m.

Jerry and Joan Olivero are planning the event with Phil and Fran Bisbiglia and Elizabeth Boggess providing raffle and door prizes.

For reservations call Bob and Evelyn Garrigan, 232-2085; Jessie Renty, 236-6054 or Jerry and Joan Olivero, 235-4884. Tickets are \$11 per person. Proceeds benefit the school children at St. John's.

Garden Club

El Cerrito Garden Club will meet on Thursday, Feb. 12, 9:30 a.m. at the El Cerrito Community Center, 7007 Moeser Lane. If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your response or, if any, may be filed on time.

NOTICE
I have sued the court may against you without your being unless you respond within 30 days. Read the information below.

If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your response or, if any, may be filed on time.

AVISO
Se ha demandado el Tribunal Superior contra Ud. sin audiencia de la que Ud. responde dentro de 30 días. Lea la información que sigue.

Desea solicitar el consejo legal en este asunto, deje este mensaje inmediatamente, de este modo se le responderá lo más pronto posible.

El petitorio ha firmado una petición contra Ud. sin audiencia de la que Ud. responde dentro de 30 días. Lea la información que sigue.

Desea solicitar el consejo legal en este asunto, deje este mensaje inmediatamente, de este modo se le responderá lo más pronto posible.

TO THE RESPONDENT
The petitioner has filed a petition concerning your marriage. If you fail to respond within 30 days of the date this summons is served on you, your default may be entered and the court may enter a judgment containing injunctive or other orders concerning property, spousal support, child custody, child support, attorney fees, costs and such other relief as may be granted by the court. The grantinment of wages, taking of money or property, or other court authorized orders may also result.

Dated: Jan. 21, 1981.

J. R. OLSSON
Clerk
By: M. Shurtleff
Deputy

(SEAL)

PHILLIP M. MILLSPAUGH
3616 Macdonald Ave.
Richmond, CA 94805
(415) 232-2976

Attorney for Petitioner

J-1513. February 4, 11, 18, 25, 1981.

NOTICE TO CONTRACTORS
I hereby give by order of the Board of Supervisors of Contra Costa County that the Public Works Director will receive bids until 2 o'clock p.m. on Feb. 28, 1981, for the furnishing of all labor, materials, equipment, transportation services for

PACHECO BLVD. WATER LINE RELOCATION
The project is located on Pachebo Blvd., between Howe Rd. and Vesle Ave. The work shall be done in accordance with Official Plans and Specifications and reference thereto.

Plans are required for the entire work described herein.

ENGINEERS ESTIMATE

ESTIMATED UNIT OF QUANTITY MEASURE ITEM

1 Signing and traffic control
880 LF 8' asbestos cement water pipe

1 EA 6" butterfly valve

3 EA 8" butterfly valve

1 EA 16" x 8" tapping assembly

1 EA 16" x 8" tapping assembly

8 EA Replace existing water service

1 EA Relocate fire hydrant

1 EA Install 2" blowoff assembly

DEPENDENT

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate of **PERCY THOMAS AZARIAH**, aka P. T. AZARIAH.

A petition has been filed by ETHEL J. AZARIAH in the Superior Court of Contra Costa County requesting that: ETHEL J. AZARIAH be appointed as personal representative to administer the estate of the deceased.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

Marriage and power will be held on February 28, 1981 at 9:00 a.m. in Dept. 14 located at Court and Main Streets, Martinez, California 94553.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court or present it to the personal representative appointed by the court from time to time from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file a request with the court to receive special notice of the filing of the inventory of estate assets and of the petitions, accounts and reports described in section 1200 of the California Probate Code.

JAMES R. DYKE
NEUMILLER & BEARLSDE

Post Office Drawer 20
6 South Old Dorado Street
Stockton, CA 95201

Attorney for petitioner

J-1520—Feb. 11, 18, 25, 1981.

NOTICE OF DEATH OF PERCY THOMAS AZARIAH, aka P. T. AZARIAH

AND OF PETITION TO ADMINISTER ESTATE

CASE NUMBER: 56473

SUPERIOR COURT OF CALIFORNIA, COUNTY OF CONTRA COSTA

Court and Main Streets

Martinez, California 94553

ESTATE OF

PERCY THOMAS AZARIAH, aka P. T. AZARIAH.

DEPENDENT

To all heirs, beneficiaries, creditors,

contingent creditors, and persons who

may be otherwise interested in the will

or estate of **PERCY THOMAS**

AZARIAH, aka P. T. AZARIAH.

A petition has been filed by

ETHEL J. AZARIAH in the Superior Court of Contra Costa County requesting that: ETHEL J. AZARIAH be appointed as personal representative to administer the estate of the deceased.

The petition requests authority to

administer the estate under the Inde-

pendent Administration of Estates Act.

Marriage and power will be held on

February 28, 1981 at 9:00 a.m. in Dept.

14 located at Court and Main Streets,

Martinez, California 94553.

IF YOU OBJECT to the granting of

the petition, you should appear at

the hearing and state your objections

or file written objections with the court

before the hearing. Your appearance

may be in person or by your attorney.

IF YOU ARE A CREDITOR or a

contingent creditor of the deceased,

you must file your claim with the court

or present it to the personal representa-

tive appointed by the court from time

to time from the date of first issuance

of letters as provided in section 700 of

the California Probate Code. The time

for filing claims will not expire prior to

four months from date of the hearing

noticed above.

YOU MAY EXAMINE the file kept by

the court. If you are a person interested

in the estate, you may file a request with

the court to receive special notice of

the filing of the inventory of estate assets

and of the petitions, accounts and re-

ports described in section 1200 of the

California Probate Code.

Said file will be made, but without

covenant or warranty, express or im-

plicit, regarding title, possession, or en-

cumbrances, to pay the remaining prin-

cipal sum of the note(s) secured by said

Deed of Trust, with interest as in said

note provided, advances, if any, under

the terms of said Deed of Trust, fees,

charges and expenses of the Trustee

and of the trust created by said Deed

of Trust. Said file will be held on

THURSDAY, MARCH 5, 1981, at

11:00 a.m. at the office of T.D. SER-

VICE COMPANY, 1990 N. California

Blvd., Suite 716, Walnut Creek, Califor-

nia 94596.

At the time of the initial publication of

this notice, the total amount of the un-

paid balance of the obligation secured

by the above described deed of trust

and estimated costs, expenses, and

advances is \$48,754.58.

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MR. HAUGEN—525-7640



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TALK IT
OVER

ODD E. HAUGEN
ERA

People who own their own homes have one of the best protections against inflation because property values tend to rise right along with other inflation rates. Inflationary rates in this country are generally lower than in most foreign countries but we have experienced "double-digit" inflation and we consider a six percent rate to be about "normal."

A \$80,000 house would be worth \$100,000 in less than

four years of six percent inflation, \$143,200 in ten years and \$256,500 in 20 years, if the six percent rate continues. Yet some folks put off buying a home now because they're going to wait for prices to come down!

Protection against loss due to inflation is only one advantage of owning your home. Should you buy real estate? Get the facts and figures from us, then decide.

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4 out of 10 homebuyers come from out of town. The ERA® Moving Machine® can show them your home before they leave theirs.



Odds are you'll sell your home faster if you tell more people about it. With the ERA Moving Machine we can send a picture and description of your home to interested buyers in any one of our 4,000 offices nationwide.

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We really can find home buyers.

If we don't sell your home, we'll buy it.

Your local participating ERA® Real Estate Specialist is now offering a unique, worry-free way to buy and sell a home when you're relocating—the Sellers Security Plan.

First, the Sellers Security Plan may advance the equity in your present home, up to \$35,000 interest free, to use as a down payment on your next home, providing you purchase a home in your area of relocation through an ERA Broker and your present home.

Finally, if your house still hasn't sold after 240 days, ERA will buy it, at a price and terms you agree to when you accept the plan.

A minimal application fee, which includes a certified appraisal required to see if your home qualifies.

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24-hr. security—Complete recreation facilities including pool, tennis courts. 24 minutes from downtown San Francisco.



No. 141—2-bedroom & 2 baths, patio. Condominium with bay view. Owner will assist with financing. Asking \$115,000.

No. 142—2 bedrooms & 2 baths, patio. Upgraded condominium with bay view. Reduced to \$103,000.

No. 144—1 bedroom & den with 2 bathrooms. Corner condominium with bay view. Reduced to \$115,000.

No. 333—2 bedrooms & 2 baths. Beautiful San Francisco Bay view. Owner will assist with financing. Asking \$120,000.

No. 608—1-bedroom & den with 2 baths. Lovely, freshly painted corner condominium with bay view. Reduced to \$110,000.

No. 643—2 bedrooms & 2 baths. Panoramic Bay view with enclosed patio. Asking \$125,000.

No. 701—1 bedroom plus den & 2 baths. Plush carpets & drapes. Panoramic bay view. Excellent assumable financing. Asking \$119,900.

No. 1103—1 bedroom & 1 bath. Spectacular bay view. Good assumable loan. Asking \$100,000.

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